

Select Board Resolution
World Health Organization
Global Network of Age-Friendly Cities and Communities

WHEREAS, in the United States, the population of people aged 65 and over is expected to grow from 35 million in 2000 to 88.5 million by 2050, taking the total share of the 65+ population from 12 percent to 20 percent of the total population; and

WHEREAS, currently 29 percent of Longmeadow residents aged 65 and older are living alone, 22 percent have an income of less than \$20,000/year and 8 percent are using Medicare and Medicaid; and

WHEREAS, Longmeadow's 60+ population is expected to account for 35 percent of its overall population in 2030; and

WHEREAS, research shows that older Americans overwhelmingly want to remain in their homes and communities as they age; and

WHEREAS, access to quality health care and long-term services and supports is essential for individuals to live in their homes and communities; and

WHEREAS, nationally 21 percent of adults age 65 and older do not drive, and more than half of these non-drivers do not leave home on a given day, in part because they lack transportation options; and

WHEREAS, reduced mobility for older non-drivers leads to 15 percent fewer trips to the doctor, 59 percent fewer shopping trips and visits to restaurants, and 65 percent fewer trips for social, family and religious activities; and

WHEREAS, the World Health Organization (WHO) has developed a Global Network of Age-Friendly Cities and Communities to encourage and promote public policies to increase the number of cities and communities that support healthy ageing and thereby improve the health, well-being, satisfaction, and quality of life for older Americans; and

WHEREAS, the WHO has noted that "making cities and communities age-friendly is one of the most effective policy approaches for responding to demographic ageing," and

WHEREAS, the WHO has developed eight domains of community life that influence the health and quality of life of older people:

1. **Outdoor spaces and buildings** – accessibility to and availability of clean, safe community centers, parks, and other recreational facilities;
2. **Transportation** – safe and affordable modes of private and public transportation, "Complete Streets" types of initiatives, hospitable built environments;
3. **Housing** – wide range of housing options for older residents, ageing in place and other home modification programs, housing that is accessible to transportation and community and health services;
4. **Social participation** – access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people;

5. **Respect and social inclusion** – programs to support and promote ethnic and cultural diversity, programs to encourage multigenerational interaction and dialogue, programs to combat loneliness and isolation among older residents;
6. **Civic participation and employment** – promotion of paid work and volunteer opportunities for older residents; opportunities for older residents to engage in formulation of policies relevant to their lives;
7. **Communication and information** – promotion of and access to the use of technology to keep older residents connected to their community and friends and family, both near and far; and
8. **Community support and health services** – access to homecare services, clinics, programs to promote active ageing (physical exercise and healthy habits); and

WHEREAS, the WHO recognizes that cities and communities have different needs, resources, and varying capacities to engage their resources to take action to facilitate active ageing;

NOW, THEREFORE, we, the Select Board of the Town of Longmeadow, by virtue of the authority invested in us by the Town of Longmeadow do hereby support initiatives and opportunities to engage in the WHO Age-Friendly Cities and Communities Network.

Further, in recognition of existing efforts to promote and expand age friendly communities in the Town of Longmeadow, we do hereby support efforts to improve transportation and mobility, such as the Complete Streets bylaw, as well as high-quality, multi-generational programs and services.

Further, we order and direct the Council on Aging to evaluate opportunities to engage in the WHO Age-Friendly Cities and Communities. The Council on Aging shall actively seek input from diverse stakeholders.

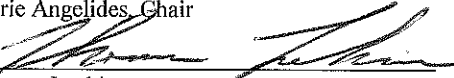
This Select Board resolution shall take effect immediately and shall remain in effect until such time as the Select Board rescinds it.

Signed,

Longmeadow Select Board



Marie Angelides, Chair



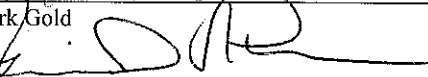
Thomas Lachiusa



William Low



Mark Gold



Richard Foster