

Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And, you'll get \$0 copays on covered diabetes medications and supplies.

How to get your \$0 copays



Register on the *Good Health Gateway*[®] website at GoodHealthGateway.com

Or, call our *Good Health Gateway* HelpLine at (800) 643-8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.



Submit a "Provider Confirmation Form" to verify completion of the required medical exams and lab tests listed below.

Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Get \$0 copays on covered diabetes medications and supplies using your *Good Health Gateway Rx Rewards Card* at your local, in-network pharmacy or through *OPTUMRx*[®] Home Delivery when the program requirements are met.

Scantic Valley Regional Health Trust is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to employees and their dependents on a Scantic Valley Regional Health Trust health plan who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

Helping
members live
healthy lives
for nearly 10 years.



800.643.8028
GOODHEALTHGATEWAY.COM

Available to the following member employers of the Scantic Valley Regional Health Trust:

Hampden Wilbraham Regional School District
Lower Pioneer Valley Educational Collaborative

Town of:

East Longmeadow
Hampden
Longmeadow
Wilbraham

For employees and their covered dependents of the above employers insured through one of the following Scantic Valley Regional Health Trust sponsored health plans:

Blue Cross Blue Shield of Massachusetts

Network Blue HMO, Network Blue HMO Deductible, Blue Care Elect Preferred PPO, Blue Care Elect Preferred PPO Deductible

Health New England

HNE HMO, HNE HMO Deductible, HNE Medi Wrap

Tufts Health Plan

Tufts Choice Co-pay EPO, Tufts Advantage EPO Deductible