



MAY 2008

LONGMEADOW ELEMENTARY LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>SCHOOL LUNCHES</p> <p>PROVIDE</p> <p>GOOD NUTRITION</p> <p>AT AN AFFORDABLE</p> <p>PRICE!</p>		<p>BAKED 1</p> <p>CHICKEN NUGGETS</p> <p>DIPPING SAUCES</p> <p>FRESH CARROTS</p> <p>"BUTTERED" NOODLES</p> <p>MIXED FRUIT</p>	<p>PRETZEL MELT 2</p> <p>TURKEY AND CHEESE</p> <p>ON A PRETZEL ROLL</p> <p>BAKED CRINKLE CUT FRIES</p> <p>GARDEN SALAD</p> <p>FRESH FRUIT</p> <p>100% Fruit Snack Watermelon</p>
<p>CINCO DE MAYO 5</p> <p>BEEF TACOS</p> <p>LETTUCE, TOMATO, SALSA, SOUR CREAM' CHEESE, AND RICE</p> <p>STEAMED CORN</p> <p>FRUIT</p>	<p>Back by popular demand! 6</p> <p>CRISPY CHICKEN</p> <p>WRAP</p> <p>STEAMED RICE</p> <p>SEASONED BROCCOLI</p> <p>PEARS</p>	<p>PASTA WITH</p> <p>MEAT SAUCE</p> <p>GARLIC BREAD</p> <p>GARDEN SALAD</p> <p>CHILLED FRUIT</p> <p>SPORTS GRAHAMS</p>	<p>FRENCH TOAST STICKS 8</p> <p>MAPLE SYRUP</p> <p>ORANGE JUICE</p> <p>HOME FRIES</p> <p>WARM CINNAMON APPLES</p>	<p>SUNDAY IS MOTHER'S DAY 9</p> <p>TWISTED EDGE</p> <p>CHEESE PIZZA OR</p> <p>ALL BEEF HOT DOG & ROLL</p> <p>SWEET PEAS</p> <p>POTATO WEDGES</p> <p>CHILLED FRUIT</p>
<p>BAKED 12</p> <p>CHICKEN TENDERS</p> <p>DIPPING SAUCES</p> <p>GREEN BEANS</p> <p>SMILE FRIES</p> <p>CHILLED FRUIT</p>	<p>GRILLED CHEESE</p> <p>OR CHICKEN PATTY</p> <p>TOMATO SOUP</p> <p>GOLDFISH CRACKERS</p> <p>CARROT STICKS</p> <p>APPLES</p>	<p>PASTA WITH</p> <p>ITALIAN MEATBALLS</p> <p>GARLIC BREAD</p> <p>GARDEN SALAD</p> <p>JELL-O</p> <p>WHIPPED TOPPING</p>	<p>FRENCH BREAD</p> <p>CHEESE PIZZA OR</p> <p>ALL BEEF HOT DOG & ROLL</p> <p>STEAMED BROCCOLI</p> <p>APPLES</p>	<p>MUNCH LUNCH 16</p> <p>CHICKEN NUGGETS</p> <p>MOZZARELLA STICKS</p> <p>BAKED TATER TOTS</p> <p>STEAMED CARROTS</p> <p>FRESH FRUIT/FRUIT CUP</p>
<p>BAKED 19</p> <p>POPCORN CHICKEN</p> <p>DIPPING SAUCES</p> <p>POTATO WEDGES</p> <p>STEAMED CARROTS</p> <p>FRESH FRUIT/FRUIT CUP</p>	<p>PASTA WITH</p> <p>MOZZARELLA STICKS</p> <p>BREAD STICKS</p> <p>GARDEN SALAD</p> <p>FRESH FRUIT/FRUIT CUP</p> <p>OREO COOKIES</p>	<p>GILARDI 22</p> <p>STUFFED CRUST</p> <p>CHEESE PIZZA OR</p> <p>ALL BEEF HOT DOG & ROLL</p> <p>ZUCCHINI + SUMMER SQUASH</p> <p>GRAHAM CRACKERS</p>	<p>CRISPY CHICKEN</p> <p>WRAP</p> <p>STEAMED RICE</p> <p>SEASONED BROCCOLI</p> <p>PEARS</p>	<p>STICK LUNCH 24</p> <p>CHICKEN STICKS</p> <p>BREAD STICKS</p> <p>VEGGIE STICKS w/Dip</p> <p>CHEESE STICKS</p> <p>FRESH FRUIT</p> <p>ICE CREAM ON A STICK</p>
<p>MEMORIAL DAY</p> <p>NO SCHOOL</p>	<p>CHICKEN NUGGETS</p> <p>DIPPING SAUCE</p> <p>GREEN BEANS</p> <p>RICE</p> <p>FRUIT</p>	<p>BAKED POTATO with</p> <p>CHEESE & BROCCOLI OR</p> <p>BEEF & CHEESE NACHOS</p> <p>STEAMED BROCCOLI</p> <p>APPLES</p> <p>FRUIT ROLL UP</p>	<p>GILARDI WHOLE GRAIN</p> <p>CHEESE PIZZA OR</p> <p>ALL BEEF HOT DOG & ROLL</p> <p>BAKED CHIPS</p> <p>GARDEN SALAD</p> <p>FRUIT</p>	<p>BBO "RIB"</p> <p>OR CHICKEN PATTY</p> <p>ON BUN</p> <p>OVEN FRIES</p> <p>CUCUMBER WHEELS W/DIP</p> <p>CHILLED FRUIT</p>
<p>IF YOU HAVE ANY QUESTIONS OR COMMENTS, PLEASE CONTACT THE DIRECTOR OF FOOD SERVICES, MR. STRATTON AT 565-4230 OR astratton@longmeadow.k12.ma.us</p> <p>FOR YOUR CONVENIENCE YOU CAN PREPAY FOR LUNCH BY CHECK, MADE OUT TO THE TOWN OF LONGMEADOW SCHOOL LUNCH. PLEASE NOTE WHEN YOUR STUDENT'S ACCOUNT IS LOW AND IT'S TIME TO SEND ANOTHER PREPAYMENT. LUNCH IS \$2.00.</p> <p><u>ALL MEALS COME WITH A CHOICE OF LOWFAT or NONFAT MILK AND FRESH FRUIT OR FRUIT CUP.</u></p> <p><u>The Menu is Subject to Change.</u></p> <p><u>ALL SCHOOL MENUS CAN BE SEEN ON THE WEB AT:http://www.longmeadow.org/schools/lunch.html</u></p>				