



MAY 2008

LONGMEADOW MIDDLE SCHOOL LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
 CINCO DE MAYO	<u>SCHOOL LUNCHES</u> <u>PROVIDE</u> <u>GOOD NUTRITION</u> <u>AT AN AFFORDABLE</u> <u>PRICE!</u>		1 <u>BAKED</u> <u>POPCORN CHICKEN</u> HONEY MUSTARD DIP FRESH CARROTS "BUTTERED" NOODLES MIXED FRUIT SPECIALTY SALADS	2 <u>FRENCH BREAD PIZZA</u> <u>or ALL BEEF</u> <u>HOT DOG ON ROLL</u> CUCUMBER WHEELS BAKED TATER TOTS FRUIT
	5 <u>TWO</u> <u>BEEF TACOS</u> CHEESE LETTUCE, TOMATO, SALSA, SOUR CREAM BROWN RICE CHOCOLATE GRAHAM COOKIES	6 <u>PASTA WITH</u> <u>PIZZA DIPPERS</u> CHEESE FILLED PIZZA CRUST GARDEN SALAD CHILLED FRUIT	7 <u>FRENCH TOAST STICKS</u> MAPLE SYRUP ORANGE JUICE HOME FRIES SAUSAGE WARM CINNAMON APPLES	8 <u>CRISPY CHICKEN</u> <u>WRAP</u> STEAMED RICE SEASONED BROCCOLI PEARS
Alternate Lunch- Pizza	SPECIALTY SALADS	Alternate Lunch- Chicken Patty Sandwich	SPECIALTY SALADS	SUNDAY MAY 11 IS MOTHER'S DAY
12 <u>MUNCH LUNCH</u> CHICKEN NUGGETS MOZZARELLA STICKS BAKED TATER TOTS MIXED VEGETABLE FRESH FRUIT/FRUIT CUP	13 <u>PASTA WITH</u> <u>MEAT SAUCE</u> GARLIC BREAD GARDEN SALAD CHILLED FRUIT	14 <u>SPICY OR REGULAR</u> <u>CHICKEN WRAP</u> LETTUCE & TOMATO SEASONED RICE ORANGE JUICE	15 <u>PRETZEL MELT</u> <u>TURKEY AND CHEESE</u> <u>ON A PRETZEL ROLL</u> BAKED CRINKLE CUT FRIES FRESH BROCCOLI FRESH FRUIT 100% Fruit Snack Watermelon	16 <u>TONY'S ROUND</u> <u>CHEESE PIZZA</u> <u>or ALL BEEF</u> <u>HOT DOG ON ROLL</u> FRESH CARROTS BAKED CHIPS FRUIT
Alternate Lunch- Pizza	SPECIALTY SALADS	Alternate Lunch- Chicken Patty Sandwich	SPECIALTY SALADS	
19 <u>CRISPY CHICKEN</u> <u>WRAP</u> STEAMED RICE SEASONED BROCCOLI PEARS	20 <u>PASTA WITH</u> <u>MOZZARELLA STICKS</u> GARLIC BREAD GARDEN SALAD FRUIT	22 <u>STICK LUNCH</u> <u>CHICKEN STICKS</u> BREAD STICKS VEGGIE STICKS w/Dip CHEESE STICKS FRESH FRUIT ICE CREAM ON A STICK	23 <u>GRILLED CHICKEN</u> <u>FAJITAS</u> LETTUCE & TOMATO CURLY FRIES CORN ORANGE WEDGES	24 <u>FRENCH BREAD PIZZA</u> <u>or ALL BEEF</u> <u>HOT DOG ON ROLL</u> CUCUMBER WHEELS BAKED TATER TOTS FRUIT
Alternate Lunch- Pizza	SPECIALTY SALADS	Alternate Lunch- Chicken Patty Sandwich	SPECIALTY SALADS	
26 MEMORIAL DAY NO SCHOOL	27 <u>PASTA WITH</u> <u>ITALIAN MEATBALLS</u> FRESH BREAD GREEN BEANS FRUIT GRAHAM CRACKERS	28 <u>BAKED POTATO with</u> <u>CHEESE, BROCCOLI,</u> <u>AND CHILI</u> STEAMED BROCCOLI APPLES DESSERT	29 <u>CHEESEBURGER</u> <u>OR CHICKEN PATTY</u> CURLY FRIES FRESH BROCCOLI CHILLED FRUIT	30 <u>STUFFED CRUST</u> <u>CHEESE PIZZA</u> CARROT STICKS CRINKLE CUT FRIES FRUIT
	SPECIALTY SALADS	Alternate Lunch- Chicken Patty Sandwich	SPECIALTY SALADS	

IF YOU HAVE ANY QUESTIONS OR COMMENTS, PLEASE CONTACT THE DIRECTOR OF FOOD SERVICES, MR. STRATTON AT 565-4230 OR astratton@longmeadow.k12.ma.us

FOR YOUR CONVENIENCE YOU CAN PREPAY FOR LUNCH BY CHECK, MADE OUT TO THE TOWN OF LONGMEADOW SCHOOL LUNCH. PLEASE NOTE WHEN YOUR STUDENT'S ACCOUNT IS LOW AND IT'S TIME TO SEND ANOTHER PREPAYMENT. LUNCH IS \$2.25.

ALL MEALS COME WITH A CHOICE OF 10 OZ. LOWFAT MILK AND FRESH FRUIT OR FRUIT CUP.

OUR SALAD BAR LUNCH IS AVAILABLE EVERY TUESDAY & THURSDAY!

The Menu is Subject to Change.

ALL SCHOOL MENUS CAN BE SEEN ON THE WEB AT:<http://www.longmeadow.org/schools/lunch.html>