



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Menu
PAPER CARDBOARD GLASS PLASTIC METAL	APRIL			1. 9:00 Tax Assistance 9:00 Adult Fitness 9:15 Chess 10:00 Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Veteran's Circle	2. 9:00 SHINE 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 NO Table Tennis	3. 10:00 Adult Fitness 10:00 LIVING WELL 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch	1. Spaghetti with Meat Sauce 2. Grilled Hot Dogs 3. Clam Chowder Tilapia Pecan Crust 6. BBQ Chicken 7. Grilled Pork Chops 8. Tomato Soup Italian Sausage/Peppers 9. Birthday Bash Broccoli Soup Oven Roasted Turkey 10. Seafood Chowder Herb Crusted Cod 13. Chicken Noodle Soup Liver n Onions 14. Salisbury Steak 15. Open House Chef's Station with Caesar Salad 16. Chicken Cordon Bleu 17. Corn Chowder Pollack Florentine
		6. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:00 Sen Candaras Aide Visit 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry 7:45 Men's Volleyball	7. 9:00 Tax Assistance 9:30 1 on 1 Computer 9:30 Pinochle 10:00 Emerson—BP Clinic 10:30 Gentle Exercise 10:30 Italian-Beg 11:00 NO French 12:00 Italian-Int 11:30 Lunch 12:30 Pitch 1:00 Book Club 1:00 Maternal Group 7:00 Cribbage	8. 9:00 Tax Assist 9:00 Blood Sugars 9:00 Adult Fitness 9:15 Chess 10:00 Golf 10:00 Trivia 10:00 Computer—Word 10:05 Aerobics 11:30 Lunch 1:00 Bridge	9. 10:00 Knitting 10:30 Gentle Exercise 11:30 Birthday Bash 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 NO Table Tennis 1:00 Over Sixty Club	10. 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge	13. Chicken Noodle Soup Liver n Onions 14. Salisbury Steak 15. Open House Chef's Station with Caesar Salad 16. Chicken Cordon Bleu 17. Corn Chowder Pollack Florentine
		13. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 7:45 Men's Volleyball	14. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 NO French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 NO FOLOCA Mtg <i>Van Around Town</i>	15. 9:00 Adult Fitness 9:15 Chess 10:00 Open House Begins! 10:00 Golf 10:00 Computer—Word 10:00 Trivia 10:05 Aerobics 11:30 OPEN HOUSE LUNCHEON 12:30 Entertainment 1:00 Bridge <i>Newsletter Deadline</i>	16. 9:30 COA Bd Mtg 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	17. 9:00 Footcare 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 12:30 Movie – Australia 1:00 Mah Jong <i>ENFIELD MALL</i>	20. Center Closed 21. Swedish Meatballs 22. Chicken Parmesan 23. BBQ Beef Brisket 24. Clam Chowder Seafood Pot Pie 27. Orange Chicken 28. Minestrone Soup Beef Kabobs 29. Baked Ziti 30. Roasted Chicken
		20. PA- 	21. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 NO French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Discussion Grp	22. 9:00 SHINE 9:00 Adult Fitness 9:15 Chess 10:00 Computer—Word 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	23. 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	24. 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:00 Symphony Trip 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	20. Center Closed 21. Swedish Meatballs 22. Chicken Parmesan 23. BBQ Beef Brisket 24. Clam Chowder Seafood Pot Pie 27. Orange Chicken 28. Minestrone Soup Beef Kabobs 29. Baked Ziti 30. Roasted Chicken
		PAPER CARDBOARD	27. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	28. 8:30 News Collating 9:30 Pinochle 10:30 Gentle Exercise 10:30 New Italian-Beg 11:00 NO French 12:00 New Italian-Int 11:30 Lunch 12:30 Pitch 1:00 Journey Jazz	29. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Computer—Word 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Home	30. 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Master Gardener 	20. Center Closed 21. Swedish Meatballs 22. Chicken Parmesan 23. BBQ Beef Brisket 24. Clam Chowder Seafood Pot Pie 27. Orange Chicken 28. Minestrone Soup Beef Kabobs 29. Baked Ziti 30. Roasted Chicken

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