

LONGMEADOW LINES

Meet Senator Candaras' Aide Janice Hassett

Monday, August 4th, 10:30 – 11:30 AM
Longmeadow Adult Center



LONGMEADOW ADULT CENTER

VAN FOR LOCAL TRIPS
Tuesday, August 12th
\$1.00 each way
565-4150

ENFIELD SQUARE MALL
Friday, August 22nd
10—1 PM

Limited Seating—Call Early!



SAVE THE DATE!
The next regional
**HOUSEHOLD HAZARDOUS
WASTE COLLECTION DAY**
September 13, 2008.

The event will be held at the EAST LONGMEADOW FIRE STATION parking lot on Somers Road in East Longmeadow from 9 A.M. to 1 P.M. Participating towns include East Longmeadow, Hampden, Longmeadow, Ludlow and Wilbraham. More details will follow closer to the event.

BayPath Summer Sunset Concert Series "A Ray of Elvis" August 5th, 6:30 PM

Sponsored by AAA Insurance
Put on your "blue suede shoes" for a night of dancing to the oldies from the 50's and 60's when the King of Rock and Roll entertained all ages. Sponsored by Longmeadow Parks and Recreation Rain or Shine. Come enjoy the outdoors and gather with friends and family on the "Longmeadow Green". In case of rain, concerts will be held in the Community House.

PNEUMONIA VACCINE CLINIC Wednesday, September 17th 10:00-11:00AM

The clinic is open to LONGMEADOW RESIDENTS ONLY who are either 65 years of age or older, or are over 18 years of age and have a chronic illness such as cardiovascular, pulmonary, kidney, liver disease, diabetes mellitus, etc. **NOTE: Revaccination for healthy persons is NOT recommended! However, if a person received the first dose prior to age 65, a single revaccination at age 65 or older can be given if at least 5 years have elapsed since the previous dose.**

The vaccination is free for individuals who have Medicare B and for Medicare Part B HMO subscribers (e.g. Blue Care 65, the Tufts Health Plan, and the Harvard Pilgrim Plan). The charge for all other individuals is \$3.00. Please bring your health insurance cards to the clinic. Registration is a MUST by September 10th thru the Longmeadow Board of Health (not the Longmeadow Adult Center) – 565-4140.

Are you reaching the donut hole?

This year thousands of seniors in Massachusetts have already reached the gap in their prescription drug coverage (Medicare Part D) often known as the "donut hole." They reached this gap when their total (retail) prescription drug costs reached \$2,510. From that point on, the next \$3,200 in prescription drug costs are not covered by Medicare!

This doesn't have to happen to you. **Prescription Advantage** can help.

Prescription Advantage, the state's pharmacy assistance program, can help to pay for your prescription drugs if you reach that donut hole. Call Prescription Advantage today at: 1-800-AGE-INFO (1-800-243-4636) or speak to your local SHINE Counselor to learn how Prescription Advantage can keep you out of that donut hole!

Is Your Free Annual Credit Report Really "Free"?

The Office of Consumer Affairs and Business Regulation reminds consumers that they are entitled to one free credit report every 12 months from each of the three national consumer reporting companies—Experian, Equifax, and TransUnion. It is important to check your credit report regularly for accuracy and signs of fraudulent activity—especially with the increase in identity theft. You can receive a free credit report by phone, mail, or by visiting <https://www.annualcreditreport.com>.

Beware of other web sites or unsolicited e-mails offering free credit reports. These sites that are not affiliated with the government-mandated free credit report

Credit Report Article— Continued from Previous Column.

program may claim to offer "free" credit reports, however the reports are tied to the purchase of other products. If you would like to order a free credit report, follow these important steps:

Steer clear of sites that promise free credit reports and then ask for your credit card information.

Do not respond to e-mails, pop-up ads, or phone calls that claim to come from www.annualcreditreport.com or one of the credit reporting agencies. These may be scams seeking your personal information. Remember, there is only one official free credit report web site. Access it by visiting the Federal Trade Commission's site at www.ftc.gov or directly at www.annualcreditreport.com.

If you are uncomfortable with Internet security you can order your credit reports by phone or mail.

For a copy of your credit report from the major credit bureaus, contact:

Equifax - 1-800-685-1111
Experian - 1-888-EXPERIAN (397-3742)
TransUnion - 1-800-888-4213

DONATE CELL PHONES

We are in need of used cell phones in good working condition for our emergency cell phone program. These donated phones will be given seniors for them to use to call 911 in emergency situations. To donate a phone, bring your used cell phones and chargers to the Center office. Phones are distributed the third Tuesday of each month. Call The Center at 565-4150 for an appointment.