

		MONDAY	tuesday	wednesday	thursday	friday	Menu
P L A S T I C	G L A S S	1. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:00 Sen Candaras Aide Visit 11:30 Lunch 12:30 Duplicate Bridge 1:00 FCC Digital TV Talk 1:00 Jewelry	2. 9:30 1 on 1 Computer 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Book Club 1:00 Maternal Mtg	3. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Beg Computers 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	4. 6:30 Radio City Trip 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Birthday Bash 12:30 Rubber Bridge 1:00 Table Tennis	5. 9:00 Tai Chi 9:00 Adult Fitness 9:30 Makeup Flu Clinic 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	1. Hot Dogs 2. Chicken Pot Pie 3. Tortellini Soup Stuffed Pepper 4. Minestrone Soup Cranberry Chicken 5. Corn Chowder Potato Crusted Cod
		P A P E R	C A R D B O A R D	8. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	9. 9:30 Pinochle 10:00 Emerson—BP Clinic 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 FOLOCA Meeting	10. 9:00 Flyers 9:00 Blood Sugars 9:00 SHINE 9:00 Adult Fitness 9:15 Chess 10:00 Beg Computers 10:00 Trivia 10:05 Aerobics 11:30 No Lunch—Dining Rm 12:00 Red Madhatters 12:30 Chair Yoga Demo 1:00 Bridge 1:00 Wii	11. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis
G L A S S	P L A S T I C			15. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry	16. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 NO French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Discussion Grp Van Around Town	17. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	18. 9:30 COA Bd Mtg 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Holiday Luncheon 12:30 Rubber Bridge 1:00 Table Tennis
		P A P E R	C A R D B O A R D	22. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	23. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 NO French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch	24. 9:00 Flyers 9:00 Adult Fitness 9:00 SHINE 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	25.  MERRY CHRISTMAS
P L A S T I C	G L A S S			29. 9:00 Adult Fitness 10:05 Aerobics 10:00 NO Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	30. 8:30 News Collating 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beg 11:00 NO French 12:00 Italian-Int 11:30 Lunch 12:30 Pitch	31. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 New Year's Lunch 1:00 Bridge 1:00 Wii	
		<i>Calendar Sponsored by Forastiere Smith Funeral Home</i>					