

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Menu
GLASS METAL	PLASTIC		1. 9:30 1-1 Computer 9:30 Pinochle 10:30 Beg Italian 10:30 Beg French 10:30 Gentle Exercise 11:00 Intermediate Italian 11:00 French 11:30 Lunch 12:00 Italian Adv 12:30 Pitch 1:00 Book Club 1:00 Artist's Studio 1:00 Maternal Mtg 7:00 Cribbage	2. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 11:30 Lunch 1:00 Veteran's Circle 1:00 Bridge 1:00 Wii 4:00 Zumba	3. 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Birthday Bash 12:30 Rubber Bridge 12:30 Over Sixty Club 12:30 Chair Yoga	4. 9:00 Adult Fitness 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap 12:15 Beg. Tap 12:30 Duplicate Bridge 1:00 Mah Jong	Reservations—24 hr notice 565-4150  1. Cranberry Chicken 2. Spaghetti & Meatballs 3. BIRTHDAY BASH BBQ Beef Brisket 4. Clam Chowder Fish & Chips 7. Minestrone Soup Stuffed Chicken Breast 8. Salisbury Steak 9. American Chop Suey 10. Jerk Chicken 11. Corn Chowder Oven Baked Fish
			PAPER	CARDBOARD	7. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 11:00 Senator's Aide 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry 7:45 Sr Men's Volleyball  <i>Election Tues, Dec 8th</i>	8. 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:00 Beg French 11:00 French 11:00 Intermed Italian 11:30 Lunch 12:30 Pitch 12:00 Italian Adv 1:00 Artist's Studio 1:00 Foloca Bd Mtg 7:00 Cribbage	
GLASS METAL	PLASTIC	14. 9:00 Adult Fitness 9:15 Blood Sugar 10:00 Blood Pressure 10:00 Bridge Refresher 11:30 Lunch 12:30 Duplicate Bridge 2:00 Emerson Manor Wellness	15. 9:30 Pinochle 10:30 Beg Italian 10:30 Beg French 10:30 Gentle Exercise 11:00 Intermed Italian 11:00 French 11:30 Lunch 12:00 Italian Adv 12:30 Pitch 1:00 Artist's Studio 1:00 Discussion Group 7:00 Cribbage	16. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia's Holiday 11:30 Lunch 1:00 Bridge 1:00 Computer Troubles 1:00 Wii 4:00 Zumba	17. 9:30 COA Bd Mtg 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	18. 9:00 Footcare 10:00 Adult Fitness 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap 12:15 Beg. Tap 12:30 Duplicate Bridge 12:30 Movie – Julie & Julia 1:00 Mah Jong	14. Chicken Tortellini 15. Oriental Meatballs 16. Chicken Marsala 17. Italian Wedding Soup Pork Roast 18. Seafood Chowder Tuna Noodle Casserole
		PAPER	CARDBOARD	21. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry  <i>Winter Begins</i>	22. 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:00 Intermed. Italian 11:00 French 11:30 Lunch 12:00 Italian Adv 12:30 Pitch 1:00 Artist's Studio 1:00 Journey to Jazz	23. 9:00 Flyers 9:00 SHINE 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 11:30 Holiday Lunch 1:00 Bridge 1:00 Wii	24. 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Lunch 12:30 No Rubber Bridge 1:00 No Table Tennis 1:00 No Massages  <i>Center Closing at Noon</i>
GLASS METAL	PLASTIC	28. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 11:30 Lunch 12:30 Duplicate Bridge	29. 8:30 News Collating 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:00 Intermed. Italian 11:00 French 11:30 Lunch 12:00 Italian Adv 12:30 Pitch 1:00 Artist's Studio	30. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 11:30 Lunch 1:00 Bridge 1:00 Wii	31. 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis		28. Chicken Quesadillas 29. Omelets 30. Baked Ziti 31. Country Fried Steak
		PAPER	CARDBOARD				<i>Calendar Sponsored by Glenmeadow Retirement Community</i>