

# PROGRAM PICKS

## LCTV: ADULT FOCUS ON LONGMEADOW

Airs Tuesdays 9:30am and 6:30pm, and  
Sundays 10:30 am

Check out Channel 12 to see some of your neighbors interview guests and talk about the issues we all care about.

## ITALIAN CLASSES

Tuesday, December 1<sup>st</sup> - January 19<sup>th</sup>  
Brand New Beginners--10:30am;  
Inter--11:00am; Adv--12:00pm

Brand new beginners are welcome to stay for the Intermediate class also. \$64.00 for the 8 wk session. Call 565-4150 to register.

## VETERAN'S GROUP

Wednesday, December 2<sup>nd</sup> 1:00 pm

Speaker Mike Lieb, will share his experiences in special weapons recovery in the Mediterranean. Lunch at the Adult Center available by reservation at least 24 hours in advance at 565-4150. All veterans welcome.

## BIRTHDAY BASH!

Thursday, December 3<sup>rd</sup> 11:30 am

Celebrate birthdays for November or December. Come and enjoy and bring a friend! Lunch is free for those with birthdays in Nov. and Dec.; \$3.00 for all others. Call 565-4150.

## RED HAT LUNCHEON

Wednesday, December 9<sup>th</sup>, 12:00 noon

All members of the Longmeadow Red Hat Society should wear their purple and red finery to Storowton Tavern in West Springfield on the second Wednesday in December. There will be a \$5.00 gift exchange at the luncheon. Call to register - 565-4150.

## YULETIDE AT STOROWTON

Thursday, December 10<sup>th</sup>, 10:30 am

Join us for a Yuletide visit to Storowton Village Museums, and a tour of the 19th century buildings all spruced up for the holiday season by area garden clubs, florists and designers. Visit the Storowton Village Gift Shop and Christmas Shops as well. Then enjoy lunch off the menu at Storowton Tavern. \$7.00 includes tour and van transportation. A luncheon menu is available in the office. Call 565-4150 for more information.

## TRAVEL DISCUSSION

Thursday, December 10<sup>th</sup>, 1:00 pm

Anyone who is interested in travel, whether day trips, overnight or overseas, is invited to provide input to Adult Center travel plans for 2010 and 2011. What was your favorite trip? What kinds of trips would you like to see next?!

## TRIVIA HOLIDAY PARTY

Wednesday, Dec 16<sup>th</sup>, 10:00 - 11:00

Holiday treats as we challenge ourselves and enjoy what we remember and what we don't!

## COMPUTER TROUBLESHOOTING

Wednesday, Dec 16<sup>th</sup>, 1:30 - 2:30 pm

Tom Johnson will continue his instruction for those who want to keep their computer out of trouble and working smoothly.

Bring your questions. *Not for beginners or Mac users.* Register at 565-4150.

## MOVIE AFTERNOON--"Julie and Julia"

Friday, December 18<sup>th</sup>, 12:30 pm

A woman verging on thirty and frustrated in a temp secretary job takes on a yearlong culinary quest: cook all 524 recipes in Julia Child's "Mastering the Art of French Cook-

## Over Sixty Club

HAPPY HOLIDAYS TO ONE AND ALL!  
No meeting in December.

See you on January 7th at 12:30 pm for an afternoon of BINGO! Stop by for an afternoon of fun!. More information in January VOICE.

## Maternal

Tuesday December 1, 2009 1:00 P M  
Longmeadow Community House

We are pleased to announce our annual Christmas Program. President Delores Morin will present a spectacular holiday review with a comedy act, instrumentalists, singers, line dancing and Broadway tap dancers. Featured are Haley and Jody Cloud from Westfield. They have won numerous national awards for their artistic ability. Haley recently appeared on the popular TV show "Do You Think You Can Dance".

Following the performance a December Tea will be hosted by Ruth Roth and Margaret Kirby. We will be having a \$3.00 holiday gift exchange between members and guests. Bring a gift and take one home.

Our holiday charity this year is Open Pantry of Springfield. Members and guests are asked to contribute cash donations, canned goods and trial size personal hygiene items (containing no alcohol) We invite the public to join us for a lovely winter afternoon.

## DONATIONS

The Friends of Longmeadow Older Citizens Association would like to *thank* the following individuals for their donations during the month of **October**: *Mary Dowd, Eleanor Cress, Jim Russell, John & Diana Srebnick, Marie Janik, Inger Bolduc, Discussion Group, Edward Richards, Wednesday Bridge Group, Chain Saw Flyers.*

## Need Proof Of

### Social Security Income

You can visit the Social Security website at [www.socialsecurity.gov/onlineservices/](http://www.socialsecurity.gov/onlineservices/) and request a "Proof of Income" letter. This letter is sometimes called a "budget letter," a "benefits letter" or a "proof of award letter."

At the website you will be asked a series of simple questions designed to verify your identity and to protect your personal information.

You can select the information you would like on your proof of income letter. This means that you can also use it as proof of a disability, of your current Medicare health insurance coverage, of your retirement status or of your age.

Your Proof of Income letter will arrive in the mail in about 10 days after you request it. It is important to remember, however, that you can request a letter only for yourself. For example, if your spouse also receives benefits then he or she must request a separate letter. **If you need proof sooner, you can contact your local Social Security office.**