



		MONDAY	tuesday	wednesday	thursday	friday	Menu
P L A S T I C  M E T A L	G L A S S E S				1.  CENTER CLOSED	2. 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	1. CLOSED 2. Clam Chowder Potato Crunch Pollock 4. BBQ Chicken 5. Pork Chops 6. Veal Parmesan 7. Potato Leek Soup Kielbasa 9. Corn Chowder Baked Cod Loin
		P A P E R	C A R D B O A R D	5. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:00 Sen Candaras Aide Visit 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry 7:45 Men's Volleyball	6. 9:30 1 on 1 Computer 9:30 Pinochle 10:30 Gentle Exercise 10:30 New Italian-Beg 11:00 No French 12:00 New Italian-Int 11:30 Lunch 12:30 Pitch 1:00 Book Club 7:00 Cribbage	7. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Email Class 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Veteran's Circle	8. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Over Sixty Club
P L A S T I C  M E T A L	G L A S S E S			12. 9:00 Adult Fitness 9:00 New Line Dancing 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 7:45 Men's Volleyball	13. 9:30 Pinochle 10:00 Emerson—BP Clinic 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 No French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 FOLOCA Meeting 1:00 Prescription Adv <i>Van Around Town</i>	14. 9:00 Blood Sugars 9:00 SHINE 9:00 Adult Fitness 9:15 Chess 10:00 Email Class 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Commongood Bank	15. 9:30 COA Bd Mtg 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis
		P A P E R	C A R D B O A R D	19.  CENTER CLOSED	20. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 NO French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Discussion Grp 7:00 Cribbage	21. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	22. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Birthday Bash 12:30 Rubber Bridge 12:30 NEW Chair Yoga 1:00 Table Tennis
P L A S T I C  M E T A L	G L A S S E S			26. 9:00 Adult Fitness 9:00 Line Dancing 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 7:45 Men's Volleyball	27. 8:30 News Collating 9:30 Pinochle 10:00 Maternal Bd Mtg 10:30 Gentle Exercise 10:30 Italian-Beg 11:00 NO French 12:00 Italian-Int 11:30 Lunch 12:30 Pitch 7:00 Cribbage	28. 9:00 Flyers 9:00 Adult Fitness 9:00 SHINE 9:15 Chess 10:00 Trivia 10:00 Intro Computers 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	29. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 Table Tennis
		<b>Calendar Sponsored by Glenmeadow Retirement Community</b>					

ENFIELD MALL