

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Menu

GLASS  
PLASTIC

# JANUARY 2010

1. **HAPPY NEW YEAR!**  
Trash pickup—delayed one day

Reservations—24 hr notice  
565-4150

- 4. *New Year's Brunch*
- 5. Swedish Meat Balls
- 6. Tomato & Spinach Soup  
Chicken Parm Sandwich
- 7. Chicken Noodle Soup  
Beef Marsala
- 8 Clam Chowder  
Broccoli Cheese Pollock
- 11. Hearty Beef Chili
- 12. Carrot Soup  
Honey Mustard Chicken
- 13. Meat Lasagna
- 14. BBQ Chicken
- 15. Corn Chowder  
Potato Crunch Cod

PAPER  
CARDBOARD

4. 9:00 Adult Fitness  
10:00 NO  
10:00 Blood Pressure  
10:00 Bridge Refresher  
11:30 **NEW YEAR'S BRUNCH**  
12:30 Duplicate Bridge  
1:00 Jewelry  
7:45 Men's Volleyball

5. 9:30 1-1 Computer  
9:30 Pinochle  
10:30 Beg Italian  
10:30 Beg French  
10:30 Gentle Exercise  
11:00 Intermediate Italian  
11:00 NO French  
11:30 Lunch  
12:00 Italian Adv  
12:30 Pitch  
1:00 Book Club  
1:00 Artist's Studio  
7:00 Cribbage

6. 9:00 Flyers  
9:00 Adult Fitness  
9:15 Chess  
10:00 Trivia  
10:00 Computer-WORD  
11:30 Lunch  
12:15 **Veteran's Circle**  
1:00 Bridge  
1:00 Wii  
4:00 New Zumba

7. 10:00 Knitting  
10:30 Gentle Exercise  
10:30 German  
11:30 Lunch  
12:30 Rubber Bridge  
12:30 New Chair Yoga  
12:30 Over Sixty Club  
12:30 **BINGO**  
1:00 NO Table Tennis  
1:00 NO Massages

8. 9:00 Adult Fitness  
10:00 Bridge Lessons  
10:30 **Van Around Town**  
11:30 Lunch  
11:30 Tap  
12:15 Beg. Tap  
12:30 Duplicate Bridge  
12:30 Mah Jong

PLASTIC  
GLASS  
METAL

11. 9:00 Adult Fitness  
11:00 **Senator's Aide**  
10:00 Blood Pressure  
10:00 **RETIREMENT PARTY**  
10:00 Bridge Refresher  
11:30 Lunch  
12:30 Duplicate Bridge  
7:45 Men's Volleyball

12. 9:30 Pinochle  
10:30 Beg Italian  
10:30 Beg French  
11:00 Gentle Exercise  
11:00 Intermed Italian  
11:00 NO French  
11:30 Lunch  
12:00 Italian Adv  
12:30 Pitch  
1:00 **Emerson BP**  
1:00 Artist's Studio  
1:00 Foloca Bd Mtg

13. 9:00 Flyers  
9:00 Adult Fitness  
9:00 SHINE  
9:15 Chess  
9:15 Blood Sugars  
10:00 Trivia  
10:00 Computer-WORD  
11:30 Lunch  
1:00 Bridge  
1:00 Wii  
4:00 Zumba

14. 10:00 Knitting  
10:30 Gentle Exercise  
10:30 German  
11:30 Lunch  
12:30 Chair Yoga  
12:30 Rubber Bridge  
1:00 Table Tennis

15. 9:00 **Footcare**  
10:00 Adult Fitness  
10:00 Bridge Lessons  
11:30 Lunch  
11:30 Tap  
12:15 Beg. Tap  
12:30 Duplicate Bridge  
12:30 **Movie – The Proposal**  
12:30 Mah Jong

- 18 Martin Luther King Day  
Closed
- 19. Tortellini Soup  
Shepherd's Pie
- 20 Chicken Cacciatore
- 21 **International Day**  
*Potato & Leek Soup*  
*Roast Beef & Gravy*
- 22 Seafood Chowder  
Shrimp Bucket
- 25. Chicken Stew
- 26. Country Pork Chop
- 27. Ziti—Sausage & Peppers
- 28. **Birthday Bash**  
*Yankee Pot Roast*
- 29. Clam Chowder  
Fish Cakes

PAPER  
CARDBOARD

18. **MARTIN LUTHER KING DAY**  
  
**CENTER CLOSED**

19. 9:30 Pinochle  
10:30 Beg Italian  
10:30 Gentle Exercise  
11:00 Intermed. Italian  
11:00 NO French  
11:30 Lunch  
12:00 Italian Adv  
12:30 Pitch  
1:00 Artist's Studio  
1:00 **Discussion Group**

20. 9:00 Flyers  
9:00 Adult Fitness  
9:15 Chess  
10:00 Trivia  
10:00 Computer-WORD  
11:30 Lunch  
1:00 Bridge  
1:00 Wii  
1:00 **Computer Troubles**  
4:00 Zumba

21. 9:30 COA BD MTG  
10:00 Knitting  
10:30 Gentle Exercise  
10:30 German  
11:30 **International Day**  
**Scottish**  
12:30 Chair Yoga  
12:30 Rubber Bridge  
1:00 Table Tennis

22. 9:00 Adult Fitness  
10:00 Bridge Lessons  
10:00 **Enfield Mall**  
11:30 Lunch  
11:30 Tap  
12:15 Beg. Tap  
12:30 Duplicate Bridge  
12:30 Mah Jong

GLASS  
PLASTIC  
METAL

25. 9:00 Adult Fitness  
10:00 Blood Pressure  
10:00 Bridge Refresher  
11:30 Lunch  
12:30 Duplicate Bridge  
7:45 Men's Volleyball

26. 8:30 **News Collating**  
9:30 Pinochle  
10:30 New Beg Italian  
10:30 Gentle Exercise  
11:00 New Inter Italian  
11:00 French Resumes  
11:30 Lunch  
12:00 New Italian Adv  
12:30 Pitch  
1:00 Artist's Studio

27. 9:00 Flyers  
9:00 Adult Fitness  
9:00 SHINE  
9:15 Chess  
10:00 Trivia  
10:00 Computer-WORD  
11:30 Lunch  
1:00 Bridge  
1:00 Wii  
4:00 Zumba

28. 10:00 Knitting  
10:30 Gentle Exercise  
10:30 German  
11:30 **BIRTHDAY BASH**  
12:30 Chair Yoga  
12:30 Rubber Bridge  
1:00 Table Tennis

29. 9:00 Adult Fitness  
10:00 Bridge Lessons  
11:30 Lunch  
11:30 Tap  
12:15 Beg. Tap  
12:30 Duplicate Bridge  
12:30 Mah Jong

**SPONSORED BY HOMESTAFF**