


P L A S T I C	G L A S S	MONDAY	tuesday	wednesday	thursday	friday	<i>Chef Robert Hersey Menu</i>					
		METAL	2.	9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 10:30 Senator Candaras Aide Visit 11:30 Lunch 12:30 Duplicate Bridge	3.	9:30 Computer 9:30 Pinochle 10:00 Maternal Bd Mtg 10:30 Gentle Exercise 11:30 Lunch 12:30 Pitch		4.	 CENTER CLOSED	5.	10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Mah Jong	6.
C A R D B O A R D	P A P E R	9.	9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	10	9:30 Pinochle 10:00 Emerson BPs 10:30 Gentle Exercise 11:30 Lunch 12:30 Pitch	11.	9:00 Adult Fitness 9:00 Blood Sugars 10:00 Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge	12.	10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Mah Jong	13.	9:00 Adult Fitness 10:00 LIVING WELL ! 10:05 Aerobics 10:00 Bridge Lessons 11:30 Tap Dance 12:15 Dancercize 11:30 Lunch 12:30 Duplicate Bridge Mah Jong RIDE THE VAN	9. Salisbury Steak 10. Turkey Bacon Wraps 11. Pasta with Meatballs 12. Steak Tips 13. Oven Baked Fish
		METAL	16.	9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	17.	9:30 Pinochle 10:30 Gentle Exercise 11:30 Lunch 12:30 Pitch 1:00 Discussion Grp	18.	9:00 Adult Fitness 10:00 Trivia 10:00 Creative Memories 10:00 Golf 10:05 Aerobics 11:30 Lunch ENFIELD MALL	19.	10:00 Knitting 10:00 Investment Club 10:30 Gentle Exercise 11:00 New Water Aerobics 11:30 Summer Bash 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Mah Jong	20.	9:00 Adult Fitness 9:00 Footcare 10:00 Bridge Lessons 10:05 Aerobics 11:30 Lunch 11:30 Tap Dance 12:15 Dancercize 12:30 Duplicate Bridge 12:30 Movie—Happy Feet 1:00 Mah Jong RIDE THE VAN
C A R D B O A R D	P A P E R	23.	9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	24.	9:30 Pinochle 10:30 Gentle Exercise 11:30 Lunch 12:30 Pitch 6:30 Town Concert Irish Music <i>Swinging Shileighleighs Call for a Van Ride</i>	25.	9:00 Adult Fitness 9:00 SHINE 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 12:30 Alfred Hitchcock North by Northwest 1:00 Bridge	26.	8:00 Newport Trip 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Mah Jong	27.	9:00 Adult Fitness 10:00 Bridge Lessons 10:05 Aerobics 11:30 Tap Dance 12:15 Dancercize 11:30 Lunch 12:30 Duplicate Bridge 1:00 Mah Jong RIDE THE VAN	23. BBQ Chicken Strips 24. Grilled Pork Chops 25. Meatball Grinder 26. Honey Grilled Chicken 27. Seafood Primavera
		METAL	30.	9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	31.	8:30 News Collating 9:30 Pinochle 10:30 Gentle Exercise 11:30 Lunch 12:30 Pitch				30. Stuffed Chicken Breast 31. BBQ Ribs		
P L A S T I C	G L A S S							<i>Calendar Sponsored by Weldon Hearing Center</i>				