

		MONDAY	tuesday	wednesday	thursday	friday
P L A S T I C  M E T A L	G L A S S	<b>JULY</b>	1. 9:30 Computer One on One 9:30 Pinochle 10:30 Gentle Exercise 10:30 Combo Italian Class 11:30 Lunch 12:30 Pitch 1:00 <b>Book Club</b>	2. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 New Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 <b>Wii</b> ← <b>NEW</b>	3. 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 11:00 Water Aerobics 12:30 Rubber Bridge 1:00 Table Tennis	4. <b>July 4th Center Closed</b>  <i>Trash Pickup Delayed One Day</i>
			7. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 10:30 <b>Sen Candaras Aide Visit</b> 11:30 <b>4th of July Lunch</b> 12:30 Duplicate Bridge	8. 9:30 Pinochle 10:00 <b>NO Emerson BPs</b> 10:30 Gentle Exercise 10:30 Combo Italian Class 11:30 Lunch 12:30 Pitch  <i>Van Around Town 10- Noon</i>	9. 9:00 Adult Fitness 9:00 <b>Blood Sugars</b> 9:00 SHINE 9:15 Chess 10:00 Golf 10:00 Trivia 10:05 Aerobics 10:30 <b>Spelling Bee Trip</b> 11:30 Lunch 1:00 Bridge 1:00 <b>Wii</b>	10. 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis
C A R D B O A R D	P A P E R	14. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 1:00 <b>HIPPA—Salt</b>	15. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Combo Italian Class 11:30 Lunch 11:00 <b>Cell Phones</b> 12:30 Pitch 1:00 <b>Discussion Grp</b>	16. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Norwegian Lunch 12:30 <b>Norway Talk</b> 1:00 Bridge 1:00 New Digital Photo 1:00 <b>Wii</b>	17. 10:00 <b>Evergreen Walk</b> 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	18. 9:00 Adult Fitness 9:00 <b>Footcare</b> 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 12:30 Duplicate Bridge 12:30 <b>Movie Definitely Maybe</b> 1:00 Mah Jong
		21. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	22. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Combo Italian Class 11:30 Lunch 12:30 Pitch 12:30 Duplicate Bridge  <i>Van Around Town 10- Noon</i>	23. 9:00 Adult Fitness 9:00 SHINE 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Digital Photo 1:00 <b>Wii</b>	24. 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 <b>Birthday Bash</b> 12:30 Rubber Bridge 1:00 Table Tennis	25. 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 12:30 Duplicate Bridge 1:00 Mah Jong
P L A S T I C  M E T A L	G L A S S	28. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	29. 8:30 <b>News Collating</b> 9:30 Pinochle 10:30 Gentle Exercise 10:30 Combo Italian Class 11:30 Lunch 12:30 Pitch	30. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 <b>Wii</b> 1:00 Digital Photo	31. 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 12:30 Film Classic "Elizabeth" 1:00 Table Tennis	<b>2008</b>

*Menu*

1. Stuffed Chicken Breast
2. Veal Parmesan Sub
3. Mac & Cheese
4. Closed
7. 4<sup>th</sup> of July Celebration  
Barbequed Chicken  
& all the Fixins
8. Hotdog on Bun
9. American Chop Suey
10. Liver, Onions & Bacon
11. Fish & Cheese Sandwich
14. Roast Pork
15. Meatloaf/Gravy
16. Norwegian Sampler
17. Chicken Cordon Bleu
18. Fiesta Style Pollock
21. Grilled Pork Chops
22. Chicken Kiev
23. Lasagna/ White Sauce
24. Birthday Bash  
Shish Kebobs
25. Baked Fish
28. Italian Roasted Chicken
29. Ham Steak
30. French Toast Sticks
31. Grilled Turkey Croissant

*Calendar Sponsored  
by  
Senator  
Gale Candaras*

ENFIELD MALL