

		MONDAY	tuesday	wednesday	thursday	friday	Menu
P L A S T I C	G L A S S	2. 9:00 Adult Fitness 9:00 Beg Line Dancing 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics <b>10:30 Sen Candaras Aide Visit</b> 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b>	3. 9:30 Computer –One on One 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:30 Lunch 11:00 French 12:00 Adv Italian 12:30 Pitch <b>1:00 Book Club</b> 7:15 Cribbage	4. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge <b>1:00 Veterans Circle</b> 1:00 Last Digital Photo	5. 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Over Sixty Club Pizza Party	6. 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Last Tap Dance 11:30 Lunch 12:15 Last Beginner Tap 12:30 Duplicate Bridge 1:00 Chess 1:00 Mah Jong 2:00 Candidates Forum	<b>2. BBQ Beef Ribs</b> <b>3. Stuffed Chicken Breast</b> <b>4. Veal Parmesan</b> <b>5. Southern Fried Chicken</b> <b>6. Florentine Pollock</b>  <b>9. Stir Fried Chicken</b> <b>10. Philly Steak n Cheese</b> <b>11. Meat Lasagna</b> <b>12. Meals on Wheels Only</b> <b>13. Baked Cod</b>  <b>16. Salisbury Steak</b> <b>17. Lemon Chicken</b> <b>18. Spaghetti with Meatballs</b> <b>19. Taco Salad</b> <b>20. Stuffed Salmon</b>  <b>23. Grilled Pork Chops</b> <b>24. Breakfast for Lunch!</b> <b>25. Baked Ziti</b> <b>26. Summer Birthday Bash Picnic</b> <b>27. Potato Crunch Pollock</b>  <b>30. Chicken Caesar Salad</b>  <i>Reservations required 24 hours in advance! 565-4150</i>
		C A R D B O A R D	9. 9:00 Adult Fitness 9:00 Beg Line Dancing 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	10. 9:30 Pinochle <b>10:00 Emerson BPs</b> 10:30 Beg Italian 10:30 Gentle Exercise 11:30 Lunch 11:00 Last French 12:00 Adv Italian 12:30 Pitch <b>Election Day 8-8 PM</b>	11. 9:00 Adult Fitness <b>9:00 Blood Sugars</b> 9:00 SHINE 9:15 Chess 10:00 Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge	12. 10:00 Knitting 10:30 Gentle Exercise 11:00 New Water Aerobics <b>11:30 NO Lunch</b> 12:30 Rubber Bridge 1:00 Table Tennis <b>Volunteer Luncheon</b>	
P L A S T I C	G L A S S	16. 9:00 Adult Fitness 9:00 Last Beg Line Dancing 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b>	17. 9:30 Pinochle 10:30 Last Beg Italian 10:30 Gentle Exercise 11:30 Lunch <b>11:00 Cell Phones</b> 12:00 Last Adv Italian 12:30 Pitch <b>1:00 Discussion Grp</b>	18. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge	19. 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	20. 9:00 Adult Fitness <b>9:00 Footcare</b> 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 12:30 Duplicate Bridge <b>12:30 Movie-Great Debaters</b> 1:00 Chess 1:00 Mah Jong	<b>23. Grilled Pork Chops</b> <b>24. Breakfast for Lunch!</b> <b>25. Baked Ziti</b> <b>26. Summer Birthday Bash Picnic</b> <b>27. Potato Crunch Pollock</b>  <b>30. Chicken Caesar Salad</b>  <i>Reservations required 24 hours in advance! 565-4150</i>
		P A P E R	23. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	24. <b>8:30 News Collating</b> 9:30 Pinochle 10:00 Maternal Bd Mtg 10:30 Gentle Exercise 10:30 <b>New Combo</b> Italian Class 11:30 Lunch 12:30 Pitch <b>1:00 Journey to Jazz</b> <i>Longmeadow High School Jazz Band</i>	25. 9:00 Adult Fitness 9:15 Chess 9:00 SHINE 10:00 Trivia 10:05 Aerobics 11:30 Lunch <b>12:30 Classic Movie "The Sandpiper"</b> 1:00 Bridge	26. 10:00 Knitting 10:30 Gentle Exercise 11:00 Water Aerobics <b>11:30 Summer Birthday Bash Picnic</b> 12:30 Rubber Bridge 1:00 Table Tennis <b>1:00 Computer—Next Steps</b>	
P L A S T I C	G L A S S	30. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge			<h1>JUNE 2008</h1>		<i>Calendar Sponsored by Rogers Memorial Studio</i>
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