

Please use this form for your convenience in making a gift that will enhance the lives of mature adults in our community today and tomorrow. The individual or families of those you have honored will be notified of your gift. Your contribution is greatly appreciated.

FRIENDS OF LONGMEADOW OLDER CITIZENS ASSOCIATION, INC.
(FOLOCA)

IN SUPPORT OF

The Longmeadow Adult Center—231 Maple Road, - Longmeadow, MA 01106
A LIVING MEMORIAL/HONOR/GRATITUDE FOR SERVICES & PROGRAMS

I/We have enclosed \$ _____ (Make Check Payable to FOLOCA)
In Honor of _____
In Memory of _____
Thank you _____
SEND CARD TO: _____
Address: _____
City: _____ State: _____ Zip: _____
Donor's Name: _____
Address: _____

Your newsletter is brought to you through the generosity of the following sponsors:

Capuano Home Health Care.....525-2124
Dickinson Streeter Funeral Home . 733-2129
East Longmeadow Skilled
Nursing Center.....525-6361
Forastiere Smith Funeral Home525-2800
Ellen Heye567-7462
Glenmeadow Retirement
Community.....567-7800
Mercy Lifeline 748-9271

Irene Kotula567-8520
Jewish Geriatric Services, Inc.567-6211
Redstone Rehabilitation
& Nursing Center..... 525-3336
Representative Mary Rogeness567-5480
Rogers Memorial Studio 860-745-2464
Senator Gale Candaras599-4785
Tazzini Funeral Home 734-7926
Venessa O'Brien 567-1375
Weldon Hearing Center
at Mercy Medical Center 748-6840

NON PROFIT ORGANIZATION
U.S POSTAGE PAID
PERMIT #44
EAST LONGMEADOW, MA 01028

Return Service Requested

Friends of Longmeadow Older
Citizens Association, Inc.
Greenwood Park Center
231 Maple Road
Longmeadow, MA 01106



THE VOICE

June 2008

A TOAST

*Raise your glasses in the air
And give three rousing cheers
To all of the extraordinary super volunteers
They always share their time
With enthusiastic hearts
They appear from out of nowhere
To do their special parts
Whenever there's a project or a
task to be completed
You can always count on them
They never are defeated
Their smiles are genuine
And their attitudes are winning
Surely they must be the ones
Who keep this old world spinning
So if there is a job to do
Don't shrink back in fear
Just seek out the expertise-
Of a Volunteer!*
Written by Suzanne Hartgraves



CHEF ROBERT'S SUMMER LUNCHEON

SUMMER BIRTHDAY BASH PICNIC

11:30 AM, Thursday, June 26th
Come celebrate with us!
Call 565-4150.

LOOK INSIDE THIS ISSUE

Sample Longmeadow Election Ballot Pg 2
Longmeadow High Jazz Ensemble....Pg 4
School Committee Candidates..... Pg 4
Longmeadow Travel Pg 5
Living Well-Oh My Aching Hands. ...Pg 6



Patricia Camerota
Chair

"A Branch of Community Support"
at Greenwood Park Center
231 Maple Road, Longmeadow, MA 01106
Monday—Friday 9—3 PM

Karen Neiman Michelman
Director

Telephone & TDD
413-565-4150

www.Longmeadow.org

Minibus: 739-7436
or 1-866-277-7741