

Please use this form for your convenience in making a gift that will enhance the lives of mature adults in our community today and tomorrow. The individual or families of those you have honored will be notified of your gift. Your contribution is greatly appreciated.

FRIENDS OF LONGMEADOW OLDER CITIZENS ASSOCIATION, INC.
(FOLOCA)

IN SUPPORT OF

The Longmeadow Adult Center—231 Maple Road, - Longmeadow, MA 01106
A LIVING MEMORIAL/HONOR/GRATITUDE FOR SERVICES & PROGRAMS

I/We have enclosed \$ _____ (Make Check Payable to FOLOCA)
In Honor of _____
In Memory of _____
Thank you _____
SEND CARD TO: _____
Address: _____
City: _____ State: _____ Zip: _____
Donor's Name: _____
Address: _____

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231 Maple Road
Longmeadow, MA 01106

NON PROFIT ORGANIZATION
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Return Service Requested



THE VOICE

MARCH 2009



SAVE THE DATE....
**GETTING TO
KNOW YOU
OPEN HOUSE**

Wednesday, April 15th, 10:00 until ?
FUN, FOOD AND ENTERTAINMENT!
DETAILS TO FOLLOW



**Chef Rob's
Special Luncheons**

**St. Patrick's Day
Tuesday, March 17th, 11:30 AM**

**March Birthday Bash
Thursday, March 19th,
11:30 AM**

**Come celebrate with
friends!**



Stop by your Adult Center to:

- Read the *Republican* or your favorite magazine!
- Use the Treadmill or use our other fitness equipment....
- Work on a puzzle, or just relax among friends!
- The Fitness Corner now has a TV!

SNOW BIRDS! Please let us know if you're flying south so we may update our mailing list. 565-4150



Adult Center

"A Branch of Community Support"
at Greenwood Park Center
231 Maple Road, Longmeadow, MA
01106

*Karen Neiman Michelman
Director*

Telephone & TDD
413-565-4150

www.Longmeadow.org

Minibus: 739-7436
or 1-866-277-7741