PAPER CARDBOARD

PLASTIC GLASS METAL

CARDBOARD PAPER

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MAY 2008

MONDAY	tuesday	wednesday	thursday	friday
			1. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	**2.** 9:00 Adult Fitness 9:30/10:30 Int/Beg Pilates 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Tap Dance 11:30 Lunch 12:15 Beginner Tap 12:30 Duplicate Bridge
5. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics **10:30 Sen Candaras Aide Visit** 11:30 Lunch 12:30 Duplicate Bridge **1:00 Jewelry**	**6.** 9:30 Computer –One on One 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:30 Lunch 11:00 French 12:00 Adv Italian 12:30 Pitch **1:00 Book Club** 7:15 Cribbage	**7.** 9:00 Adult Fitness 9:15 Chess 10:00 Trivia **10:00 Hyman Darling** 10:00 New Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Digital Photo **1:00 Veterans Circle** 7:45 Men's Volleyball	**8.** 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	**9.** 9:00 Adult Fitness 9:30/10:30 New Int/Beg Pilates 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Tap Dance 11:30 Lunch 12:15 Beginner Tap 12:30 Duplicate Bridge 1:00 Mah Jong
12. 9:00 Adult Fitness **9:00 Beg Line Dancing** 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics ***11:30 Mother's Day Brunch*** 12:30 Duplicate Bridge	**13.** 9:30 Pinochle **10:00 Emerson BPs** 10:30 Beg Italian 10:30 Gentle Exercise 11:30 Lunch 11:00 French 12:00 Adv Italian 12:30 Pitch 1:00 FOLOCA Mtg 7:15 Cribbage	**14.** 9:00 Adult Fitness **9:00 Blood Sugars** 9:00 SHINE 9:15 Chess **9:45 Look Park Trip** 10:00 Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 12:00 Red Hat Lunch 1:00 Digital Photo 1:00 Bridge 7:45 Men's Volleyball	**15.** **9:30 COA Bd Mtg** **9:30 Mohegan Trip** 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	**16.** 9:00 Adult Fitness **9:00 Footcare** 9:30/10:30 Int/Beg Pilates **10:00 LIVING WELL !** 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap Dance 12:15 Beginner Tap 12:30 Duplicate Bridge **12:30 Movie—*JUNO*** 1:00 Mah Jong
19. 9:00 Adult Fitness **9:00 Beg Line Dancing** 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge **1:00 Jewelry**	**20.** 9:30 Pinochle 10:30 Beg Italian 10:30 Gentle Exercise 11:30 Lunch 11:00 French **11:00 Cell Phones** 12:00 Adv Italian 12:30 Pitch **1:00 Discussion Grp**	**21.** 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Digital Photo **1:00 Afternoon Tea** 1:00 Bridge 7:45 Men's Volleyball	**22.** 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics **11:30 Birthday Bash** 12:30 Rubber Bridge 1:00 Table Tennis	**23.** 9:00 Adult Fitness 9:30/10:30 Int/Beg Pilates 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap Dance 12:15 Beginner Tap 12:30 Duplicate Bridge 1:00 Mah Jong
MEMORIAL DAY **CENTER CLOSED** Trash Pickup—Delayed One Day	**27.** **8:30 News Collating** 9:30 Pinochle 10:30 Gentle Exercise 10:30 Beg Italian 11:00 French 11:30 Lunch 12:00 Adv Italian 12:30 Pitch **1:00 Journey to Jazz** 7:15 Cribbage	**28.** 9:00 Adult Fitness 9:15 Chess 9:00 SHINE 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Digital Photo 7:45 Men's Volleyball	**29.** 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	**30.** ENFIELD MALL 9:00 Adult Fitness 9:30/10:30 Int/Beg Pilates 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap Dance 12:30 Duplicate Bridge 1:00 Mah Jong

Newsletter Deadline

Menu

1. Roast Turkey
2. Corn Chowder
   Clam Strips
5. Greek Gyro
6. Chicken Noodle Soup
   BBQ Pork
7. Chicken Alfredo
8. Stuffed Flank Steak
9. Corn Chowder
   Lemon Pepper Pollock
12. ***Mother's Day Brunch***
13. Mushroom Soup
    Baked Chicken
14. American Chop Suey
15. Chicken Kiev
16. Clam Chowder
    Crab Cakes
19. Chicken Marsala
20. Teriyaki Meatballs
21. Chicken & Pasta
22. Birthday Bash
    Vegetable Soup
    Stuffed Pork Chops
23. Clam Chowder
    Baked Tilapia
26. Closed
27. Hot Dogs
28. Spaghetti
29. Apricot Chicken
30. Crab Bisque
    Potato Crunch Pollack

Friday Sandwiches
2nd – Grilled Cheese
9th – BLT
16th – Turkey Melt
23rd – Roast Beef
30th – Italian Cold Cuts

Calendar Sponsored by Representative Mary Rogeness