

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Menu	
P A P E R	C A R D B O A R D	<b>MAY 2009</b>					<b>1.</b> 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong <i>Paper Shredding—LHS</i> <i>Saturday—10—1 PM</i>	1. Corn Chowder Clam Strips  4. Country Fried Chicken 5. Meatloaf 6. American Chop Suey 7. Teriyaki Pork Chop 8. Mothers' Day Brunch Buffet  11. Chicken Fajita 12. Pork Roast 13. Stuffed Peppers 14. Braised Short Ribs 15. Seafood Chowder Broccoli & Cheese Pollock
	G L A S T I C	<b>4.</b> 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics <b>11:00 Sen Candaras  Aide Visit</b> 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b> 7:45 Men's Volleyball	<b>5.</b> 9:30 1 on 1 Computer 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beg 11:00 French Resumes 12:00 Italian-Int 11:30 Lunch 12:30 Pitch <b>1:00 Book Club</b> 7:00 Cribbage	<b>6.</b> 9:00 Adult Fitness 9:15 Chess 10:00 New Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii <b>1:00 Veteran's Circle</b>	<b>7.</b> 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 NEW Chair Yoga 1:00 NO Table Tennis <b>1:00 Over Sixty Club</b>	<b>8.</b> 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Mother's Day Brunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong  Opera—Saturday Noon	18. Shepards Pie 19. Chicken Fritters 20. Meatball Sub 21. BIRTHDAY BASH Crab & Corn chowder Shrimp Caesar Salad 22. Clam Chowder Cajun Catfish	
P A P E R	C A R D B O A R D	<b>11.</b> 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 7:45 Men's Volleyball	<b>12.</b> 9:30 Pinochle <b>10:00 Emerson—BP Clinic</b> 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 FOLOCA Mtg <b>Town Election 8—8 PM</b>	<b>13.</b> <b>9:00 Blood Sugars</b> 9:00 Adult Fitness 9:15 Chess 9:00 SHINE <b>10:00 Elder Law Talk</b> 10:00 Golf 10:00 Trivia 10:00 Computer-Word 10:05 Aerobics 11:30 Lunch <b>12:00 Red Hat Lunch</b> 1:00 Bridge	<b>14.</b> 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 Table Tennis	<b>15.</b> <b>9:00 Footcare</b> 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge <b>12:30 Movie – Slum Dog  Millionaire</b> 1:00 Mah Jong <i>Longmeadow Days</i>	25. Memorial Day - CLOSED 26. BBQ Pulled Pork 27. Chicken Tortellini Al- fredo 28. Sausage & Peppers 29. Corn chowder Fish Cakes	
	G L A S T I C	<b>18.</b> 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b>	<b>19.</b> 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch <b>1:00 Discussion Grp</b> 7:00 Cribbage	<b>20.</b> 9:00 Adult Fitness 9:15 Chess 10:00 Golf 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii	<b>21.</b> <b>9:30 Mohegan Sun</b> 9:30 COA Bd Mtg 10:00 Knitting 10:30 Gentle Exercise <b>11:30 Birthday Bash</b> 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 Table Tennis	<b>22.</b> 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge		
P A P E R	C A R D B O A R D	<b>25.</b>   <b>NO TRASH PICKUP</b>	<b>26.</b> 8:30 News Collating 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beg 11:00 French 12:00 Italian-Int 11:30 Lunch 12:30 Pitch	<b>27.</b> 9:00 Adult Fitness 9:15 Chess 9:00 SHINE 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 1:00 Bridge	<b>28.</b> 10:00 Knitting 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 Chair Yoga 1:00 Table Tennis	<b>29.</b> 10:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	<i>Reservations 24 hrs  in advance, please!</i>  <i>Calendar Sponsored  by  Roger's Memorial  Studio</i>	
	G L A S T I C						ENFIELD MALL	