

LONGMEADOW LINES

Meet Senator Candaras' Aide

Janice Hassett
Monday, October 1st
10:30 – 11:30 AM

Longmeadow Adult Center

Janice Hassett from Senator Gale Candaras' office will be visiting the Longmeadow Adult Center monthly to listen to concerns and to enlighten members on the information from the State House.

LONGMEADOW ADULT CENTER VAN FOR LOCAL TRIPS OCTOBER 2007

\$1.00 each way

Reservations accepted 24 hrs ahead but no more than one week prior to date of trip—
565-4150

AROUND TOWN SHOPPING, ERRANDS, LUNCH AT THE CENTER! Tuesdays in OCTOBER

ENFIELD SQUARE MALL Friday, October 26th, 10—1 PM

2008 ENTERTAINMENT BOOKS ARE IN!

Dine...Shop...Travel....Save!
Pays for Itself in One Day!

50% Savings on things you do every day!

Packed with over **\$14,800 in savings:**

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**\$25 for Western Mass Edition &
\$30 for Hartford !**

Fall 2007 Leaf Program

The Town of Longmeadow will be providing a curbside-bagged leaf collection program again this fall. The traditional curbside loose-leaf collection was eliminated four years ago because of budget constraints and weather problems associated with the former leaf program.

Longmeadow residents will have 3 options for leaf disposal: 1) use the Town PAYT leaf collection program; 2) hire a private contractor for leaf removal; or 3) purchase a Recycling Center sticker and transport leaves directly to the meadows.

Town of Longmeadow leaf bags will be available for purchase beginning Monday, October 1st at four locations: Brightwood Hardware, Council on Aging, DPW offices on Pondsides Road during their regular hours of operation, and at the Recycling Center on Saturdays only. Cost of the bags is \$5 for 10 bags. The leaf drop-off site on West Road will open on October 22nd and curbside collection of the special town leaf bags will begin on November 3rd (depending on the weather). An annual Recycling Sticker is required for residents in order to use the West Road leaf drop-off site.

More information about the program will follow. Also be sure to check the town's website, our local cable television stations and the media for more information about this program in the coming weeks. Call 567-3400 with specific questions.

MEMA OFFERS HURRICANE PREPAREDNESS TIPS

*What Families Need To Do To
Prepare For The Hurricane Season*

As we enter the 2007 Hurricane Season, the Massachusetts Emergency Management Agency (MEMA) is offering personal preparedness tips for all of the citizens of the Commonwealth.

"Every home and business should have a basic supply kit that could be used for any emergency," states MEMA Acting Director Ken McBride. "Everyone should keep certain items around the house in the event of a hurricane or other severe weather. A portable radio, flashlight, extra batteries, and extra non-perishable food and water are all essential to help your family weather the storm."

Every household should have a supply of canned goods and other non-perishable foods that do not need cooking, along with bottled water, extra prescription medication, and extra food and supplies for infants and pets. A manual can opener and a basic first aid kit are also essential.

"Every family should develop a 'Family Communication Plan' to help ensure everyone is safe. You should call your local authorities learn about potential evacuation routes and the location of emergency shelters in your community," said McBride. "It is important to familiarize yourself with your Community's Emergency Plans before an emergency situation occurs."

For additional information about MEMA and Hurricane Preparedness Month, go to www.mass.gov/mema.

SALT NEWS

BEWARE!

As open enrollment for Medicare Advantage and Part D approaches, you may be attending information sessions held by sales reps.

Last year there were many high-pressure sales tactics used to entice seniors to sign up for certain plans. These abuses were reported to CMS by SHINE and others, which resulted in the Centers for Medicare & Medicaid Services sanctioning several plans from marketing their products.

Elder Affairs has already seen evidence of overzealous sales reps wanting to tap into this lucrative market. Please check with your local SHINE counselor before signing up for any plan. Please contact SHINE if you feel a company is using inappropriate sales practices. SHINE may be reached through the Longmeadow Adult Center at 565-4150.

911 CELL PHONES

Cell phones are available for calling 911. They are wonderful to have with you when traveling by car or when taking a walk. Appointments are available on Tuesday, October 9 & 23 and November 13 & 27. Call - 565-4150.

REFLECTIVE HOUSE NUMBERS

The EMTs, Police and Fire Departments recommend that residents post reflective house numbers on the exterior of their homes. Purchase numbers at The Center.