

		MONDAY	tuesday	wednesday	thursday	friday	Menu
C A R D B O A R D	P A P E R	<b>October 2008</b>		1. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch <b>1:00 Veteran's Group</b> 1:00 Bridge 1:00 Digital Photo 1:00 Wii	2. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis <b>1:00 Over Sixty Club</b> <b>1:00 Scavenger Hunt</b>	3. 8:40 Tai Chi 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	<b>Menu</b>  <i>Reservations 24 hr notice</i> <b>565-4150</b> 1. Chicken Cacciatore 2. Pork Roast 3. Seafood Chowder Clam Strips  6. Chicken Pot Pie 7. Salisbury Steak 8. Stuffed Cabbage 9. BBQ Beef 10. Corn Chowder Fiesta Style Pollock  13. <b>CLOSED</b> 14. BBQ Chicken 15. <b>Birthday Bash</b> Veal Parmesan 16. Swedish Meatballs 17. Clam Chowder Fish Sandwich  20. Chicken Fajita 21. Breaded Pork Chops 22. Baked Ziti/Sausage 23. Oven Roasted Chicken 24. Corn Chowder Baked Fish  27. Chicken Cordon Bleu 28. Honey Glazed Ham 29. Stuffed Peppers 30. October Fest Bratwurst/Sauerkraut 31. Crab Bisque Citrus Salmon  <i>Soup n Sandwich Fridays!</i>
				6. 9:00 <b>Line Dancing</b> 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics <b>11:00 Sen Candaras</b> <b>Aide Visit</b> 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b>	7. 9:30 One on One 9:30 Pinochle <b>10:30 Trinity Concert</b> 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French Resumes 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch <b>1:00 Book Club</b> 1:00 Maternal Mtg	8. 9:00 Flyers <b>9:00 Blood Sugars</b> 9:00 Adult Fitness <b>9:00 SHINE</b> 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Writing Class	
P L A S T I C	M E T A L	13. <b>Columbus Day</b>	14. 9:30 Pinochle 10:00 Cell Phones <b>10:00 Driving Class</b> <b>10:00 Emerson BPs</b> 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 FOLOCA Mtg  <i>Van Around Town</i>	15. <b>Newsletter Deadline</b> 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics <b>11:30 BIRTHDAY BASH</b> 1:00 Bridge 1:00 Wii 1:00 Writing Class	16. 9:30 COA Board Mtg 10:00 Knitting <b>10:00 Driving Class</b> 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics—New 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	17. 8:40 Tai Chi 9:00 Adult Fitness <b>9:00 Footcare</b> 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge <b>12:30 Movie-Young@ Heart</b> 1:00 Mah Jong	
		20. 9:00 <b>Line Dancing</b> 9:00 Adult Fitness <b>9:00 SHINE</b> 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge <b>1:00 Jewelry</b>	21. 9:30 Pinochle <b>10:30 Trinity Concert</b> 10:30 Gentle Exercise 10:30 Italian-Beginner 11:00 French 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 12:30 Duplicate Bridge <b>1:00 Discussion Grp</b>	22. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Writing Class	23. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis	24. 8:40 Tai Chi 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong  <b>TAG SALE—10—2 pm</b>	
P A P E R	C A R D B O A R D	27. 9:00 <b>Line Dancing</b> 9:00 Adult Fitness 10:00 As Time Goes By 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge	28. 8:30 <b>News Collating</b> 9:30 Pinochle 10:00 Maternal Bd Mtg 10:30 Gentle Exercise 10:30 New Italian-Beg 11:00 French 12:00 New Italian-Int 11:30 Lunch 12:30 Pitch <b>1:00 Journey Jazz</b>	29. 9:00 Flyers 9:00 Adult Fitness 9:15 Chess <b>10:00 Beg Computers</b> 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Writing Class	30. 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:00 Water Aerobics <b>11:30 OCTOBERFEST</b> 12:30 Rubber Bridge 1:00 Table Tennis	31. 8:40 Tai Chi 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong	
		G L A S S I C	M E T A L	<b>ENFIELD MALL</b>			
<b>Calendar Sponsored by Dickinson Streeter Funeral Home</b>							