

## LONGMEADOW LINES

### Meet Senator Candaras' Aide

Janice Hassett

Monday, September 10th,  
10:30 – 11:30 AM

#### Longmeadow Adult Center

Janice Hassett from Senator Gale Candaras' office will be visiting the Longmeadow Adult Center monthly to listen to concerns and to enlighten members on the information from the State House.

### LONGMEADOW HOUSEHOLD HAZARDOUS WASTE COLLECTION

Saturday September 8, 2007, 9 A.M.—1 P.M in Wilbraham at the Minnechaug Regional High School parking lot (enter Tinkham Rd).

Each town has a limited number of slots for their residents so appointments will be made on a first-come, first-served basis. Since volume is important to the billing process, we encourage neighbors to pool their HAZARDOUS waste so there is a minimum of 7 gallons per car.

Pre-registration is required. Call 567-3400 (9:00 - 4:00 PM) to schedule your appts September 4, 5, and 6, ONLY.

The collection event will include a thermometer exchange for those who would like to exchange their mercury thermometer for a new digital one at no charge. Please note: Latex paint is not hazardous waste and will not be accepted at this event. Propane tanks will also NOT be accepted.

### LONGMEADOW ADULT CENTER VAN FOR LOCAL TRIPS SEPTEMBER 2007

\$1.00 each way  
Reservations accepted 24 hrs ahead but no more than one week prior to date of trip—  
565-4150

#### AROUND TOWN SHOPPING, ERRANDS, LUNCH AT THE CENTER! Tuesdays in September

#### ENFIELD SQUARE MALL Friday, September 28th, 10—1 PM

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#### THANK YOU—VAN DRIVERS

*Our new van has been on the road for 3 months! We would not be able to offer this service without the time and effort of our volunteer drivers. In addition to their time driving, everyone attended six hours of training in safe driving techniques and the van's operation. We appreciate the dedication of the following drivers: Paula Davitt, Dean Kavanagh, David Grimes, Kathy Grady, Meredith Wheaton, Dolores Farrell & John Harland.*

#### 2008 ENTERTAINMENT BOOKS ARE IN!

Dine...Shop...Travel....Save!  
Pays for Itself in One Day!  
50% Savings on things you do every day!  
Packed with over **\$14,800 in savings!**

- 154 Dining Discounts
- 75 Attraction Discounts
- 159 Shopping Discounts
- Over \$10,000 in Travel Discounts
- Movie Ticket Discounts
- And Much More...

**\$25 for Western Mass Edition!**

### The Top 10 Reasons to Join Prescription Advantage

Even without David Letterman's help, we can easily think of 10 reasons why you should join Prescription Advantage.....

10. There is no monthly premium.
9. Prescription Advantage lowers co-payments.
8. You may qualify to have Prescription Advantage help pay your Part D premium.
7. Prescription Advantage will pay for benzodiazepines (*These are drugs not covered by Part D plans*).
6. As a Prescription Advantage member, you can change your Part D plan without waiting for Medicare's open enrollment.
5. Real people answer the phone when you call Prescription Advantage customer service.
4. Prescription Advantage will cover a 72-hour emergency supply of medication if the pharmacy is unable to bill your Part D plan.
3. Prescription Advantage puts a limit on what you will spend each year for your prescription drugs.

2. With Prescription Advantage there is no need to worry about the "donut hole".

# 1 reason to join Prescription Advantage...**There is no reason not to join!**

You no longer have to wait for an open enrollment to apply for Prescription Advantage. You can apply at any time.

You can reach Prescription Advantage Customer Service toll-free at 1-800-AGE-INFO (1-800-243-4636) or TTY for the deaf and hard of hearing at 1-877-610-0241.

## SALT NEWS

### DASH

#### Defending Against Strangers Harm Monday, September 24 at 1 p.m.

We will feature the Defending Against Strangers Harm – DASH – program presented by several law enforcement officers along with Roberta Page, of Page One Productions. The program will cover general practice, common sense information and strategies to help make you less vulnerable. It includes safety issues with respect to driving, walking, telephone calls, shopping, observation, and identity theft. The presentation is compiled with the support of a grant from Hampden Bank. Register—565-4150.

### 911 CELL PHONES

Cell phones are available for calling 911 in an emergency only. They are wonderful to have with you when traveling by car or when taking a walk. Appointments are available on the following Tuesdays beginning September 18, 2007. Other dates will be October 9 & 23 and November 13 & 27. For an appointment call - 565-4150.

### REFLECTIVE HOUSE NUMBERS

The EMTs, Police and Fire Departments recommend that residents post reflective house numbers on the exterior of their homes. Purchase numbers at The Center.

### Latest Scam – "Golden Grants"

BEWARE! Elder calls a toll-free number (888-558-8881) and operator explains "government grants" aka "free money". Elder is called back by someone who will obtain credit card number. The one-time charge is \$340. BIG MISTAKE! Now they have your credit card number with a promise that you will receive assistance in applying for "free" grants. Other scams are outlined at [www.scammer-alert.com/govt-grants](http://www.scammer-alert.com/govt-grants).