

| | | MONDAY | tuesday | wednesday | thursday | friday | Menu |
|---|---|--|---|--|--|--|--|
| C A R D B O A R D | P A P E R | 1. Labor Day | 2. 9:30 Computer One on One 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Book Club | 3. 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Golf 10:05 Aerobics 11:30 Lunch 1:00 Veteran's Group 1:00 Bridge 1:00 Wii | 4. 10:00 Knitting 10:00 German Conversation 10:30 Gentle Exercise 11:00 Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Over Sixty Club | 5. 9:00 Adult Fitness 10:00 Line Dancing@ CH 10:00 Bridge Lessons 11:30 Lunch 11:30/12:15 Int/Beg Tap 12:30 Duplicate Bridge 1:00 Mah Jong | 1 CLOSED 2 Grilled Chicken 3 American Chop Suey 4 Pork Chop 5 Lemon Pepper Pollock |
| | | P L A S T I C | M E T A L | 8. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:05 Aerobics 11:00 Sen Candaras Aide Visit 11:30 Lunch 12:30 Duplicate Bridge | 9. 9:30 Pinochle 10:00 Emerson BPs 10:00 Meet Candidates 10:30 Gentle Exercise 10:30 Italian-Beginner 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 FOLOCA Mte <i>Van Around Town</i> | 10. 9:00 Blood Sugars 9:00 Adult Fitness 9:15 Chess 10:00 Trivia 10:00 Last Golf 10:05 Aerobics 11:30 Lunch 12:00 Red Hat—Onyx 1:00 Bridge 1:00 Wii 1:00 Digital Photo | 11. 9:00 SHINE 9:00 Goodspeed 9:30 SALT BREAKFAST 10:00 Knitting 10:00 German Conversation 10:30 Gentle Exercise 11:00 Last Water Aerobics 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis Resumes |
| P A P E R | C A R D B O A R D | | | 15. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge 1:00 Jewelry Resumes | 16. 9:30 Big E 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 12:30 Duplicate Bridge 1:00 Discussion Grp | 17. 9:00 Adult Fitness 9:15 Chess 10:00 Pneumonia Clinic 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Digital Photo | 18. 9:30 COA Board Mtg 10:00 Knitting 10:00 German 10:30 Gentle Exercise 11:30 Birthday Bash 12:30 Rubber Bridge 1:00 Table Tennis 1:00 Next Steps-Computer 1:00 Table Tennis |
| | | G L A S S I C | M E T A L | 22. 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge | 23. 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 1:00 Journey Jazz | 24. 8:00 Lipid Profile 9:00 Adult Fitness 9:00 SHINE 9:15 Chess 10:00 Trivia 10:05 Aerobics 11:30 Lunch 1:00 Bridge 1:00 Wii 1:00 Digital Photo | 25. 10:00 Knitting 10:00 German Conversation 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 1:00 Table Tennis 1:00 AFTERNOON TEA 1:00 Table Tennis |
| P A P E R | C A R D B O A R D | | | 29. 9:00 Line Dancing 9:00 Adult Fitness 10:05 Aerobics 10:00 Blood Pressure 10:00 Bridge Refresher 10:10 Aerobics 11:30 Lunch 12:30 Duplicate Bridge | 30. 8:30 News Collating 9:30 Pinochle 10:30 Gentle Exercise 10:30 Italian-Beginner 12:00 Italian-Intermediate 11:30 Lunch 12:30 Pitch 12:30 Classic Movie <i>Lonesome Dove—Part II</i> | September 2008 | |
| | | Calendar Sponsored by Weldon Hearing Center | | | | | |