

# Council on Aging Longmeadow, Massachusetts

Board of Director's Meeting - April 19, 2007

Meeting called to order at 9:30 a.m. *In attendance:* Karen Michelman, Executive Director, David Grimes, Diane Nadeau, George Pennington, Pat Camerota, Alana Hoffman, Charles Hamlin, Tina DeMeza.

*Absent:* Eleanor Stolar, Charlotte Burke, John Carey, Saul Finestone and Ann Marie Friberg  
Betty Rochford (excused to kitchen)

*Visitors:* Kathy Grady / Select Board

*Announcements:* The Annual Volunteer Luncheon will be held at Twin Hills on June 15<sup>th</sup>. Also, a "thank you" letter was received from John Carey for the representation of the COA at the banquet honoring he and his wife in their conjunction with the Grey House. There will be a performance by the Jazz Band on June 5<sup>th</sup> at the Senior Center at 1:45 in the Over 60.

## *Committee Updates*

*Secretary's Report* Accepted as corrected (that Charlotte Burke/John Carey had been at the prior meeting) and that the Ombudsmen was a *suggestion* for possible program.

*Treasurer's Report:* The COA Director passed out a recap sheet for the Council on Aging showing accounts for the COA under category #541 showing appropriations / ytd / % used. These figures were as of April 17, 2007.

*Benefactors:* Karen reported that we are still getting interest from our Benefactors Trust Funds. Those trust fund balances are as follows as of April 17<sup>th</sup>: Landis \$40,149.33 and Lichtenberg \$32,958.61.

*GSSI:* Ernie Blake reported that there was a meeting on 4/18 and that the GSSI facility is experiencing growing pains – they want to remain at the same location, but have the need for revamping their working space to become more efficient.

*Legislative:* Alana Hoffman reported that there was a 6.2% increase in price of drugs and Wal-Mart and others were offering co-pays of \$4. Karen reported that there is an Elder Abuse Bill at the Federal Level. She also reported that Mary Rogeness had signed on to the amendment to the Formula Grant. Instead of lobbying for her to do so, we should write thanking her for her support.

*Longmeadow Update:* In Saul Finestone's absence, Kathy Grady informed the Board of items of interest in Longmeadow starting with the Town Meeting which is to be this coming Tuesday, the 24<sup>th</sup>. She urged all to attend. Tina mentioned to Kathy that at this meeting on the 24<sup>th</sup> that there should be recycling present (since there hadn't been in the past). Kathy said that she would inform the recycling commission of that request.

She went on to explain that there had been a recent open forum where both Mary Rogeness and Gail Candaras were present and answered questions regarding the Town of Longmeadow.

Pat Camerota went on to thank Kathy for her informative Longmeadow Update.

*Transportation:* Elenaor Stolar was absent and therefore there was no update on the Van. No one on the Van Committee had any further information to present.

*Nutrition:* Again at this meeting Betty Rochford was working in the kitchen. However, Karen reported that the “inspection” of the kitchen had gone well and that the comments were: labeling of food in freezer and that the ladies have to wear hair nets.

*Over 60:* No report.

*SALT:* Tina reported that next week there will be a RAD program and that 16 have signed up so far. June’s program will be John Fatherly of Funeral Consumers Alliance will present “*What to know before you go*” on Monday June 4<sup>th</sup>.

*Foloca:* Diane Nadeau reported that Foloca fundraising is still receiving money from their solicitation in December 2006. She also read off a list of funding sources that were given to her by Joel Weiss of the United Way to see if anyone knew anyone on the list for solicitation purposes. George Pennington asked Karen about the progress on the ramp / cement. George also encouraged all who had an interest in joining Foloca to do so and if you knew of anyone else to encourage membership. Kathy Grady asked how many members belonged to Foloca? Answer presently 6 of which Karen Michelman and Ellen Gold were members. Kathy questioned the validity of having paid staff on the membership. Diane Nadeau read part of the bylaws where there is supposed to be at the minimum 7 members and strongly encouraged all to ask friends to join.

*Director’s Report/Staff Announcements:* Karen reported that a wellness survey had been done and that the #1 program would be living well with arthritis. There will also be programs on osteoporosis and other concerns. There has been defibrillator training / emergency training for volunteers is to be held on May 1<sup>st</sup> – 15 people have signed up so far. She further reported that the gift shop is doing well and that UNICO has offered to do a weekend meal t the Meals on Wheels customers by The Lido. There will be a monthly social gathering (3<sup>rd</sup> Tues of the Month) at the Crown Plaza. Senator Candaras’ aid will be joining us on May 24<sup>th</sup>.

*Old Business:* None.

*New Business:* None.

Meeting Adjourned at 10:50.am.

Respectfully submitted,  
Diane B. Nadeau, Secretary