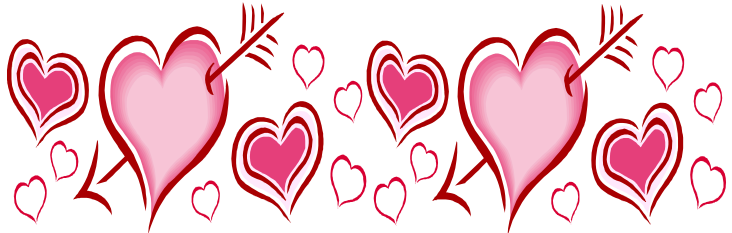



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Menu	
CARDBOARD			1. 9:00 Adult Fitness 9:30 Living History—LCTV 10:00 Trivia 11:30 Lunch 12:15 Veterans' Circle 12:30 Computer Coaching 1:00 Bridge	2. 9:00 Income Tax Prep 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Lunch 12:30 Chair Yoga 12:30 Rubber Bridge 1:00 Table Tennis	3. 10:00 Bridge Lessons 11:30 Lunch 11:30 Tap Class 12:30 Duplicate Bridge 12:30 Mah Jong 1:30 NEW Scrabble	"Before you receive your meal, please inform your server if a person in your party has a food allergy" <i>Reservation Required 24 hrs in Advance 565-4150</i> 1. Grilled Chicken Sandwich 2. Baked Pork Chops 3. Linguine & Clam Sauce	
GLASS METAL	6. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:00 Laughter Yoga 11:00 Senator Candaras Aide 11:00 Water Aerobics 11:30 Lunch 12:30 Duplicate Bridge 12:00 Polish 7:30 Sr Men's Volleyball	7. 9:30 Pinochle 9:30 Italian Video—Muzzy 10:30 Italian 10:00 Food Pantry 10:30 Gentle Exercise 11:00 French 11:30 Lunch 12:30 Pitch 12:30 Book Club 1:00 Maternal Group 1:00 Artists Studio 1:30 NEW—IPAD	8. 9:00 Adult Fitness 9:00 SHINE 9:30 Blood Sugars 9:30 Living History- LCTV 10:00 Trivia 10:00 Intro to Windows 11:30 Lunch 12:30 Computer Coaching 1:00 Bridge	9. 9:00 Income Tax Prep 10:00 Knitting 10:30 Gentle Exercise 10:30 German 11:30 Lunch 12:30 Rubber Bridge 12:30 NO Chair Yoga 12:30 OVER Sixty Club	10. 10:00 Bridge Lessons 10:00 NEW—Spanish 10:00 Living Well HEART HEALTH 11:00 Water Aerobics 11:30 Lunch 11:30 Tap Class 12:30 Duplicate Bridge 12:30 Mah Jong 1:30 Scrabble	6. Spaghetti & Meatballs 7. Beef & Vegetable Stew 8. Corned Beef Cabbage 9. Sloppy Joes 10. Broccoli Cheese Pollock 13. Baked Ham 14. Valentines Lunch Chicken Marsala 15. Baked Lasagna 16. Chicken Pot Pie 17. Potato Encrusted Pollock	
PAPERBOARD	13. 9:00 Adult Fitness 10:00 Blood Pressure 10:00 Bridge Refresher 10:00 NEW INTRO EBAY 11:00 Rep Ashe Aide 11:00 Water Aerobics 11:30 Lunch 12:00 Polish 12:30 Duplicate Bridge 7:30 Sr Men's Volleyball	14. 9:30 Pinochle 9:30 Italian Video—Muzzy 10:30 Italian 10:00 Food Pantry 10:30 Gentle Exercise 11:00 French 11:30 Valentines Lunch 12:15 Valentines Sundaes 12:30 Pitch 1:00 Perspective Drawing 1:00 FOLOCA Bd Mtg 1:30 IPAD 1:00 Artists Studio 7:00 Cribbage	15. 9:00 Adult Fitness 9:30 Living History- LCTV 10:00 Trivia 10:00 Intro to Windows 11:30 LUNCH 12:30 Living With Arthritis 12:30 Computer Coaching 1:00 Bridge	NEWS DEADLINE	16. 9:00 Income Tax Prep 9:30 COA Bd Mtg 10:00 Knitting 10:30 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 NO Chair Yoga 12:30 Movie Afternoon "Ides of March" 1:00 Table Tennis	17 9:00 Footcare 10:00 Spanish 10:00 Bridge Lessons 11:00 Water Aerobics 11:30 Lunch 11:30 Tap Class 12:30 Duplicate Bridge 12:30 Mah Jong 1:30 Scrabble	20. Presidents' Day Center Closed 21. Swedish Meatballs 22. Kielbasa & Kraut 23. Chicken Parmesan 24. Shrimp Scampi
GLASS METAL	20.  <i>President's Day—Center Closed</i>	21. 9:30 Pinochle 9:30 Italian Video—Muzzy 10:00 Maternal Bd Mtg 10:00 Food Pantry 10:30 Italian 10:30 Gentle Exercise 11:00 French 11:30 Lunch 12:30 Pitch 1:00 Discussion Group 1:00 IPAD 1:00 Perspective Drawing 1:00 Artist's Studio 7:00 Cribbage	22. 9:00 Adult Fitness 9:30 Living History—LCTV 10:00 SHINE 10:00 Trivia 10:00 NEW Wordpad 11:30 Lunch 12:30 Computer Coaching 12:30 Majestic Memories 1:00 Bridge	23. 9:00 Income Tax Prep 10:00 New Day Enfield Mall Trip 10:00 Knitting 10:30 German 10:30 Gentle Exercise 11:30 Lunch 12:30 Rubber Bridge 12:30 NEW Chair Yoga 1:00 Table Tennis	24. 10:00 Bridge Lessons 10:00 Spanish 11:00 Water Aerobics 11:30 Lunch 11:30 Tap Class 12:30 Duplicate Bridge 12:30 Mah Jong 1:30 Scrabble	27. Shepherd's Pie 28. Beef Stroganoff 29. Birthday Bash Chicken Francaise	
PAPERBOARD	27. 9:00 Adult Fitness 10:00 Intro to Ebay 10:00 Blood Pressure 10:00 Bridge Refresher 11:00 NEW Water Aerobics 11:30 Lunch 12:00 Polish 12:30 Duplicate Bridge 7:30 Sr Men's Volleyball	28. 8:30 News Collating 9:30 Pinochle 9:30 Italian Video—Muzzy 10:00 Food Pantry 10:30 Italian 10:30 Gentle Exercise 11:00 French 11:30 Lunch 12:30 Pitch 1:00 Genealogy 1:00 Perspective Drawing 1:00 Journey To Jazz 1:00 Artist's Studio 7:00 Cribbage	29. 9:00 Adult Fitness 9:30 Living History—LCTV 10:00 Trivia 10:00 Wordpad 11:30 Birthday Bash 12:30 NEW LIVE THEATER 12:30 Computer Coaching 1:00 Bridge	February 2012		CALENDAR SPONSOR DICKINSON STREETER FUNERAL HOME	