

Storm Preparations for Longmeadow Residents

During any season, it is important that residents keep apprised of weather events that may affect them. In advance of a significant weather event, residents should prepare in advance:

Fill vehicle fuel tanks

Fuel home power generators and have additional fuel on hand in proper containers

Make sure you have cash and change on hand

Fill prescriptions to ensure an adequate supply during and after the event

Purchase food, water, supplies for each individual and pet in the home:

Water – one gallon per person per day for at least 3 days is recommended

Food – at least a three day supply of non perishable food, including infant formula, prepared baby food and pet food as necessary

Other supplies to consider: alcohol-based hand sanitizers, diapers, feminine and personal hygiene products

Batteries for flashlights, lamps, radio

Other items to have on hand:

Battery powered or hand-crank radio

Flashlights, battery powered lamps

Matches

First aid supplies

Manual can opener

Cell phone chargers – solar or battery chargers

Books, games, puzzles for entertainment

During a weather emergency: If you live alone, it is important that you contact family members to notify them of your safety and wellness. If you choose to evacuate, please notify your family.

If you are elderly or have special needs and have no family in the area to shelter with in an emergency, contact the Longmeadow Adult Center now at 565-4150 to be placed on a well-being check list. In an emergency, you may be contacted to check on your well-being.

Please make sure you register your home and cell phone numbers with our emergency notification system. You may do this online at www.longmeadow.org by using the Connect-CTY icon on the top of the webpage. If you need help registering, contact the Longmeadow Adult Center at 565-4150.