



The Longmeadow COA Department Report: January 2022

Program Highlights

- Armata's Latin Cooking Demo – 26 participants in attendance
- Art of Food – Lemons & Lines – 8 participants in attendance
- Larry Starr Evening Financial Presentation – 19 participants in attendance
- Gary Lefort's U.S., China, and Taiwan evening presentation - 45 participants in attendance
- Over 60 Concert with – 38 participants in attendance
- Snowman Craft Program – 5 participants in attendance
- Rich Rediker 50 Years of Travel Virtual Program – 26 participants in attendance
- Dr. Budson Dementia Awareness Program – 40 participants in attendance
- French Class – 39 scan-ins : 14 different users
- Spanish Class Level 1&2 – 28 scan-ins : 28 different users
- Fitness Orientation – 13 scan-ins : 13 different users
- Fitness Room – 201 scan-ins : 41 different users
- Chair Yoga – 38 scan-ins : 16 different users
- Floor Yoga – 42 scan-ins : 21 different users
- Pickleball – 320 scan-ins : 154 different users
- Pickleball lessons – 15 scan-ins : 14 different users
- Line Dancing Lessons – 90 scan-ins : 35 different users
- Tai Chi - 21 scan-ins : 10 different users
- Walking Track - 713 scan-ins : 194 different users
- Silver Sneakers Classic – 142 scan-ins : 40 different users
- Silver Sneakers Strength and Balance - 191 scan-ins : 44 different users
- Dementia Friendly Support Group – 8 scan-ins : 8 different users
- Pilates – 47 scan-ins : 21 different users
- Billiards – 122 scan-ins : 22 different users



- Billiards Tournament – 12 scan-ins – 12 different users
- Table Tennis – 19 scan-ins : 13 different users
- Pinochle class – 7 scan-ins: 7 different users
- Chess – 6 scan-ins : 2 different users
- Card playing groups – 47 scan-ins : 18 different users
- Footcare – 3 scan-ins: 3 different users
- Senior Theatre – 13 scan-ins : 9 different users
- Duplicate Bridge – 135 scan-ins : 37 different users
- Jewelry Class – 3 scan-ins : 3 different users
- Knitting group – 58 scan-ins : 16 different users
- Book Club – 4 scan-ins : 4 different users
- Origami Crafts – 10 scan-ins: 10 different users
- Pitch – 10 scan-ins : 6 different users
- Trivia – 11 scan-ins : 9 different users
- Drop-ins – 233 scan-ins : 159 different users
- January Average Daily Attendance = 163 seniors
- A total of 830 different seniors received service – 61.7% residents– 38.3% non-residents

Upcoming Programs

- Evening Lecture with Gary Lefort – Tuesday, February 8th, 7 p.m.
- Over 60 Group Presents Patrick Tobin Concert – Thursday, February 10th, 1:30 p.m.
- Dr. Angelides Lincoln Lecture – 2 programs February 10th & 11th, 6:30 p.m. & 1:30 p.m.
- Mandala Dotta Class with Sue Lawson – Wednesday, February 23rd, 1 p.m.
- Richie Mitnick & Ethel Lee Concert – Thursday, February 24th, 1:30 p.m.



Social Services / Outreach Updates

- Continually updated Google Issues/Action Plan Report spreadsheet to keep track of issues/concerns/completions of items which needed to be addressed.
- Created volunteer schedule for office staff and recruited volunteers for those positions.
- Recruited 3 new volunteers for café/lunch-dining room/MOW/office.
- Continued to update Google Outreach Resources spreadsheet with temporary assistant
- Conducted 5 in-center Outreach Meeting with resident.
- Conducted 2 in-home Outreach Meetings with residents.
- Continued updating MSC members deceased/merge duplicates with temporary assistant.
- Placed 1 new Food Pantry recipient to our distribution list.
- Reported 2 elders at risk to Greater Springfield Senior Services.
- Updated MySeniorCenter with over age 65 list from the Town Clerks Office.
- Created google sheet to track food pantry participants and food pantry volunteers and food distribution tasks.
- Coordinated and scheduled Tax appointments with AARP volunteers for Longmeadow residents and non-residents.
- Created google sheet schedule for blood pressure and blood sugar clinic for Town Nurse and recruited volunteers.

Meals on Wheels & Congregate Dining Updates

- Coordinated the safe delivery of 938 meals to 54 recipients.
- Added 1 new Meals on Wheels recipient.
- 249 Grab & Go Lunch scan-ins : 79 different users

Food Pantry

- Served 59 individuals - 41 total households.



- Distributed 994 pounds of food.
- Received 2,979 pounds of food from private donations.
- Received 1023 pounds of food from Lovin' Spoonfuls.

Director's Update

- Attended Community Resilience Building Workshop.
- Attended Owner, Architect, Contractor (OAC) meetings for the new Adult Center.
- Met with the Town Manager and gave an update on all operational matters pertaining to the new Adult Center.
- Began offering Grab & Go lunches for safety precautions due to COVID-19.
- Conducted interviews for the vacant Council on Aging Program Assistant positions.
- Coordinated CPR and Defibrillator training with the Longmeadow Fire Department that will be completed in February.
- Attended Western Massachusetts Councils on Aging Director's Meeting.
- 2 new members joined the Council on Aging Board of Directors.
- The Adult Center began department volunteer placements for the Real Estate Tax Abatement Program.
- Completed our Annual Council on Aging report for the Massachusetts Executive Office of Elder Affairs.
- Began coordinating AARP Tax Service for 2022.
- Met with Jennifer Leydon, Chief Financial Officer, for our FY2023 Council on Aging Budget Review.
- Attended Town Facility Usage Meeting that included representatives from the Town Manger's Office, Parks & Recreation, Facilities, and Finance.
- Attended MVP Youth & Senior Engagement Meeting.



- Submitted the Council on Aging FY2023 Department Budget to the Town Manager.
- Added 68 new Constant Contacts.
- Received 21 new Facebook likes.
- 66 new members filled out our new online registration form.

Respectfully submitted by: James Leyden, Adult Center Director