



The Longmeadow COA Department Report: February 2022

Program Highlights

- Art of Food & Art Class – Purple & Eggplant – 10 participants in attendance
- Gary Lefort’s Rising Oil & Gas Prices evening presentation - 26 participants in attendance
- Over 60 Group – Patrick Tobin Concert – 58 participants in attendance
- Ritchie Mitnick & Ethel Lee Concert – 73 participants in attendance
- Daytime Lincoln Lecture with Dr. Angelides – 26 participants in attendance
- Evening Lincoln Lecture with Dr. Angelides – 23 participants in attendance
- Tech Time with Audra – 10 participants in attendance
- Mandala Dotting Class – 8 participants in attendance
- Asian Painting with Hyeonsu – 15 participants in attendance
- French Class – 39 scan-ins : 14 different users
- Line Dancing Lessons – 100 scan-ins : 38 different users
- Origami Crafts – 14 scan-ins: 14 different users
- Spanish Class Level 1 – 9 scan-ins : 9 different users
- Textile Workshop with Ed Johnetta – 47 participants in attendance
- Dementia in the Community Presentation- 24 participants in attendance
- AARP Tax Service – 82 different users
- Fitness Room – 208 scan-ins : 46 different users
- Chair Yoga – 20 scan-ins : 12 different users
- Floor Yoga – 38 scan-ins : 18 different users
- Pickleball – 308 scan-ins : 125 different users
- Pickleball lessons – 20 scan-ins : 20 different users
- Tai Chi - 28 scan-ins : 13 different users
- Walking Track - 729 scan-ins : 205 different users
- Silver Sneakers Classic – 122 scan-ins : 41 different users



- Silver Sneakers Strength and Balance - 187 scan-ins : 44 different users
- Pilates – 74 scan-ins : 19 different users
- Billiards – 128 scan-ins : 26 different users
- Billiards Tournament – 15 scan-ins – 15 different users
- Monthly Ballroom Dance – 26 scan-ins – 26 different users
- Table Tennis – 17 scan-ins : 12 different users
- Pinochle class – 7 scan-ins: 7 different users
- Chess – 6 scan-ins : 2 different users
- Advanced Canasta – 15 scan-ins : 10 different users
- Card playing groups – 47 scan-ins : 27 different users
- Footcare – 11 scan-ins: 11 different users
- Senior Theatre – 12 scan-ins : 7 different users
- Duplicate Bridge – 93 scan-ins : 34 different users
- Jewelry Class – 3 scan-ins : 3 different users
- Knitting group – 73 scan-ins : 21 different users
- Quilting/Sewing group – 19 scan-ins : 10 different users
- Book Club – 5 scan-ins : 5 different users
- Trivia – 21 scan-ins : 7 different users
- Drop-ins – 211 scan-ins : 157 different users
- January Average Daily Attendance = 199 seniors – **All-Time High**
- January New Sign-Ups = 70 different users
- A total of 961 different seniors received service – 61.6% residents– 38.4% non-residents

Upcoming Programs

- Evening Lecture with Gary Lefort – Thursday, March 3rd, 6:30 p.m.
- International Women’s Day Event – Thursday, March 8th, 6:30 p.m.
- Drums Alive with Ashley – Thursday, March 15th, 1:30 p.m.



- Armata's Cooking Demonstration – Wednesday, March 16th, 1:00 p.m.
- Irish Dance Academy Program – Thursday, March 17th, 2:30 p.m.

Social Services / Outreach Updates

- Continually updated Google Issues/Action Plan Report spreadsheet to keep track of issues/concerns/completions of items which needed to be addressed.
- Created and maintain volunteer schedule for office staff and recruited volunteers for those positions.
- Recruited 8 new volunteers for café/lunch-dining room/MOW/office.
- Continued to update Google Outreach Resources spreadsheet with temporary assistant
- Conducted 1 in-center Outreach Meeting with resident.
- Conducted 1 in-home Outreach Meetings with residents.
- Continued updating MSC members deceased/merge duplicates with volunteers.
- Placed 1 new Food Pantry recipient to our distribution list.
- Recruited and trained volunteers for the extended hours at the Adult Center.
- Attended 2 Emergency Management Volunteer Trainings.
- Assisted in the creation of the new Adult Center Café menu.
- Created list of residents that will need help in their home during an environmental emergency with BOH Nurse Ashley Boudreau.
- Coordinated google spread sheet to track food pantry participants and food pantry volunteers and food distribution tasks.
- Coordinated and scheduled Tax appointments with AARP volunteers for Longmeadow residents and non-residents.
- Created google sheet schedule for blood pressure and blood sugar clinic for Town Nurse and recruited volunteers.

Meals on Wheels & Congregate Dining Updates

- Coordinated the safe delivery of 856 meals to 53 recipients.



- Added 2 new Meals on Wheels recipients.
- 249 Grab & Go Lunch scan-ins : 78 different users

Food Pantry

- Served 52 individuals - 38 total households.
- Distributed 994 pounds of food.
- Received 2,008 pounds of food from private donations.
- Received 1106 pounds of food from Lovin' Spoonfuls.

Director/Assistant Director Update

- Attended 2 Town Building Facility Rental Meetings.
- Met with the Town Manager and gave an update on all operational matters pertaining to the new Adult Center.
- Continued to offer Grab & Go lunches for safety precautions due to COVID-19.
- Karen Barrett and Christine Sangkachand were hired as Council on Aging Program Assistant. These positions will cover our extended evening and weekend hours.
- Coordinated CPR and Defibrillator training with the Longmeadow Fire Department that will be completed in March.
- Attended Western Massachusetts Councils on Aging Director's Meeting.
- Attended 2 MVP Engagement Meetings.
- 1 new member joined the Council on Aging Board of Directors.
- Completed our Council on Aging Department Annual Report for the Town Manager's Office.
- Attended Website Redesign Planning Meeting.
- Met with Jennifer Leydon, Chief Financial Officer, for our FY2022 Council on Aging Budget Review.



- Attended virtual Department Head Meeting.
- Attended Emergency Management Volunteer Coordination Meeting.
- Attended FOLOCA Board of Director's Meeting.
- Attended 2 Playground Accessibility Meetings.
- Received 25 new Facebook likes & 372 Page Visits.
- 10 new Constant Contact email sign-ups.
- 66 new members filled out our new online registration form.

Respectfully submitted by: James Leyden, Adult Center Director