



The Longmeadow COA Department Report: January 2020

Programs / Services

- **Daily Attendance:** Our average daily attendance in December was 140 participants
- **Meals on Wheels:** We have 62 clients on Meals on Wheels. We served 1021 meals to the homebound
- **Congregate Dining:** We served 148 seniors last month in our dining room with a total of 648 meals prepared
- **January Total Congregate & Home Delivered Meals:** 1,669 meals served

Special Events / Activities

- Bingo with Louis & Clark Pharmacy – 11 in attendance
- New Year's Concert with Tim Duquette & Rich Plasse – 42 in attendance
- Silk Scarf Painting Program - 12 in attendance
- Mark Twain and Livy Clemens Program – 97 in attendance
- Meditation Program with Baypath Professor Amy Appell – 33 in attendance
- Southern Cooking Program with Julie Mitchell – 50 in attendance
- Afternoon Concert with Tom Callinan – 31 in attendance
- Mercy Life PACE Program – 5 in attendance
- Senior Sleep Education Program with Dr. Wendy Chabot – 50 in attendance
- Day Trip: MGM Casino - \$2 p.p. – 9 in attendance
- Day Trip: Springfield Symphony - \$9 p.p. – 14 in attendance
- Silver Sneakers Fitness Program - \$2 p.p. – 13 sessions: 175 in total attendance
- Birthday Bash Luncheon – 40 in attendance

** All programs are free of charge and offered during normal business hours unless otherwise noted*

Upcoming February Highlights

- Bright Spot Therapy Dog Tailor B. Swift – Feb. 5, 12:30 p.m.
- Premiere Swing Band: TV Music Themes – Feb. 6, 12:30 p.m.
- Meet Author Renata Bowers – Feb. 14, 12:30 p.m.
- Richie Mitnick & Joe Saimer Concert – Feb. 20, 12:30 p.m.
- Lisa Carter & Matt Foster Concert – Feb. 26, 12:30 p.m.

Social Services / Outreach Updates

- 99 units of service to 51 unduplicated individuals
- Assisted resident with budget issues after spend down, connected with additional resources
- Completed 1 MassHealth Buy-In Application
- Made referral to Elder Law Clinic for free Power of Attorney and Health Care Directives
- Met court appointed attorney to assist with resident Guardianship proceedings
- Conducted 7 home visits



- Completed 2 referrals to GSSSI for home care services, and several follow up case management calls
- Completed 2 Fuel Assistance Applications
- Followed up on several Fuel Assistance Applications
- Processed 2 Home Modification Program Applications
- Completed paperwork to lead Caregiver Support Group, working to create partnerships for co-leaderships
- Attended CEU presentation on Dementia care and treatment
- Collaborated with Longmeadow Police Dept. to stop a resident from driving on a suspended license

Meals on Wheels Updates

- 2 new MOW participants
- 2 MOW reassessments
- Trained 1 new MOW volunteer

Food Pantry

- 590.5 pounds of food to 22 households, comprised of 30 individuals
- Collected 518 pounds of food from FOLOCA and private donations
- Coordinating food drives at Center School and St. Mary's Academy

Volunteers

- Managed volunteers and scheduled orientations from dining room, Food Pantry, MOW, SHINE, AARP tax preparers, and Computer Coaching
- Recruited 2 intake volunteers for taxes and coordinated CORI checks and testing
- Oriented 1 new volunteers
- Coordinated a R.E.T.A. volunteer placement

Neighbor to Neighbor

- Followed up with referral sources
- Followed up on several volunteer match placements
- Conducted a CORI Check on 1 new program volunteer

Director's Update

- Achieved record high in participant Average Daily Attendance at 140
- Awarded Cultural Celebrations Grant from the Massachusetts Councils on Aging in the amount of \$300.00 to offer 2 educational and social activities that explore diverse cultures
- Attended 3 Owner, Architect, Contractor (OAC) meetings for the new Adult Center
- Hosted a breakfast reception for new Town Manager Lyn Simmons
- Attended Tier Two Emergency Management Training conducted by the Longmeadow Fire Department



- Met with Longmeadow Police Chief John Stankiewicz and Lieutenant Robert Stocks to discuss volunteer duties for Real Estate Tax Abatement program participants
- Met with Town Manager Lyn Simmons to discuss Council on Aging Trust Fund Accounts
- Attended Permanent Building Committee meeting to review exterior material color choices for the new Adult Center facility
- Met with Julia Chevan, Professor and Chair for the Springfield College Department of Physical Therapy to discuss the Walk with Ease program
- Met with Nicholas Jorge, Director of Technology and Nicholas Georgantis, Facilities Director, to discuss technology needs in the new Adult Center facility
- Met with Heather Jagadowski from the Alzheimer's Association to discuss community education programs and trainings for municipal employees to be offered throughout the year
- Met with Chris Maza from the Reminder News, Town Manager Lyn Simmons and Permanent Building Committee Chair Marybeth Bergeron to give an update on the new Adult Center facility
- Continued with interviews for the Per Diem Van Driver position
- Continued with town department placements for the Real Estate Tax Abatement Program

Respectfully submitted by: James Leyden, Adult Center Director