



Healthtrax[®]

Fitness & Wellness

Take advantage of your Employee Fitness & Wellness Benefit



Your Employee Fitness & Wellness Benefit at Healthtrax Fitness & Wellness is a great way to be healthier, for life. Here's how you and your family can enjoy all the benefits of Healthtrax Fitness & Wellness:

Join as a full-time member and receive a 30% discount.*

In addition to your membership savings, you can enjoy member pricing for all Healthtrax Fitness & Wellness programs—including birthday parties, swimming lessons, kids camps, basketball and racquetball leagues, facility rentals and more.

*A registration fee applies to all membership plans.

Healthtrax Fitness & Wellness
www.healthtrax.com

Bring in this coupon for a free one-week trial



Healthtrax Fitness & Wellness invites you and your family to come in and try us free for 7 days. It's part of your Employee Fitness & Wellness Benefit. So try us out for a week, have some fun and see what we have to offer!

Call (413) 525-3931 today for more information.

If you have Harvard/Pilgrim or Blue Cross Blue Shield health insurance, you can receive a \$150 rebate on your membership. See your supervisor for details.

Healthtrax Fitness & Wellness
at the Mercy Wellness Center
45 Crane Avenue
East Longmeadow, Massachusetts
www.healthtrax.com

Our amenities include* Free trainer-assisted circuit
Group fitness studios • Aquatics center • Yoga/Pilates
Court sports • Massage • New cardio & strength equipment

* Amenities may vary by location.

*30-day money back guarantee

<http://www.healthtrax.com/locations/east-longmeadow.html>