

How can you
optimize your health
and minimize your
risk of illness while
living with diabetes?



Join the Diabetes Care Rewards Program online at
GoodHealthGateway.com or by calling 800.643.8028

The program, provided at no cost by Scantic Valley Regional Health Trust,
helps you effectively manage your diabetes by



Keeping you current with
recommended **diabetes labs and
exams** with your doctor.



Helping you track and share your
glucose readings with your doctor
using a **free, connected glucose
meter, lancets and test strips.**



Giving you **\$0 copays on all
covered diabetes medications and
supplies** when you complete your
labs and exams.

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Available to the following member employers of the Scantic Valley Regional Health Trust:

Hampden Wilbraham Regional School District
Lower Pioneer Valley Educational Collaborative

Town of:

East Longmeadow
Hampden
Longmeadow
Wilbraham

For employees and their covered dependents of the above employers insured through one of the following Scantic Valley Regional Health Trust sponsored health plans:

Blue Cross Blue Shield of Massachusetts
Network Blue HMO, Network Blue HMO Deductible, Blue Care Elect Preferred PPO, Blue Care Elect Preferred PPO Deductible

Health New England
HNE HMO, HNE HMO Deductible, HNE Medi Wrap

Tufts Health Plan
Tufts Choice Co-pay EPO, Tufts Advantage EPO Deductible